

Suggested Use: Take one (1) capsule 30 minutes prior to your two largest meals (meals that contain the largest amount of carbohydrates). Alternatively, you can take two (2) capsules before a single carbohydrate rich meal or as directed by your health care practitioner. Do not exceed four (4) capsules per day.



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*InSea*²
Crominex® 3+
GLUCO
VANTAGE®



† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



TrueGlucoSP™

Helps Maintain Already-Healthy Blood Sugar Levels

Dietary Supplement 60 Veggie Capsules

Supplement Facts

Serving Size: 1 Capsule
Servings per Container: 60

	Per Serving		Per Day (2 capsules)	
	Amount	% Daily Value	Amount	% Daily Value
Chromium [as Crominex® 3+ chromium complex with <i>Phyllanthus emblica</i> fruit and purified shilajit]	200 mcg	571%	400 mcg	1143%
Sodium	15 mg	<1%	30 mg	1%
InSea2® [proprietary blend of demineralized polyphenols from brown seaweeds Kelp (<i>Ascophyllum nodosum</i>) and Bladderwrack (<i>Fucus vesiculosus</i>)]	250 mg	*	500 mg	*
GlucoVantage® [dihydroberberine derived from <i>Berberis aristata</i> extract]	100 mg	*	200 mg	*

* Daily value not established.

Other ingredients: microcrystalline cellulose, hypromellose, vegetable stearic acid and silica.

Manufactured for and Distributed by: NatureCity®
990 S. Rogers Circle, Boca Raton FL 33487

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