

Suggested Use: Take one (1) capsule daily with water. For additional support, take one (1) capsule twice (2) a day, at separate times of day or as directed by your healthcare practitioner.

TrueCurcumin™ helps promote joint, brain, heart and immune health.*

- Keep out of reach of children
- Do not use if seal is broken or missing
- Store in a cool dry place

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



TrueCurcumin™

Highly Absorbable BCM-95® Turmeric†

Dietary Supplement 30 Veggie Capsules

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 30

Amount Per Serving	
BCM-95® (CurcuGreen®)	500 mg*
(Curcuma longa) 25:1 extract (root/ rhizome) [std. to 95% total Curcuminoids Complex with Essential Oils]	

*Daily value not established.

Other ingredients: Hypromellose, vegetable magnesium stearate, stearic acid and silica.

BCM-95® is a licensed registered trademark to Arjuna Natural Pvt. Ltd.
CurcuGreen® is a registered trademark of Arjuna Natural LLC.

Manufactured for and Distributed by: NatureCity®

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