Tastes Great!

NOURISHES GOOD BACTERIA*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FIBER • NEW • 6g of FIBER • NEW •

NOURISHES GOOD BACTERIA*

Benefiber

PREBIOTIC
FIBER SUPPLEMENT
FIBER GUMMIES

Supports DIGESTIVE Health*

Prebiotic PLANT BASED Fibers

Assorted Fruit Flavors

81 GUMMIES

SUGGESTED USE: For ages 12 and above, chew 3 gummies up to 2 times daily. Do not exceed 6 gummies per day. For ages under 12, ask your doctor before use.

Supplement Facts

Serving Size: 3 Gummies
Servings Per Container: 27

	Amount Per Serving	% Daily Value†
Calories	25	
Total Carbohydrate	9 g	3%
Dietary Fiber	6 g	21%
Soluble Fiber	6 g	*
Total Sugars	2 g	*
Includes 1 g Added Sugars		2%
Sodium	15 mg	<1%

†Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Ingredients: inulin (as chicory root fiber), soluble corn fiber, sugar, water. Contains <2%: annatto seed extract (color), citric acid, fruit and vegetable juice concentrates (purple carrot, maqui berry) (color/flavor), monk fruit extract (*siraitia grosvenorii*), natural flavors, pectin, sodium citrate, sunflower oil.

Distributed by:
GSK Consumer Healthcare
Warren, NJ 07059

If taking other supplements, read label, since supplements may contain the same ingredient.

If you are pregnant or nursing a baby, contact your healthcare professional before taking.

Keep out of reach of children.

Benefiber

PREBIOTIC
FIBER SUPPLEMENT
FIBER GUMMIES

Prebiotic fiber strengthens and nourishes the good bacteria in your gut to support an environment for good digestive health.*

Non-GMO | Vegetarian | Gluten-Free

Store at room temperature. Keep bottle tightly closed. Protect from moisture. Due to use of plant-based colors, gummy appearance may change over time. This does not alter product potency.

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Do not use if printed inner safety seal under cap is broken or missing.

Questions? Comments? Call 1-800-452-0051

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