



TEA WELL

SLEEP



MELATONIN

supports relaxation & a good night's sleep*

chamomile mint



Caffeine Free

HERBAL SUPPLEMENT
12 TEA BAGS
NET WT 0.5 OZ (14g)



At TeaWell, we believe in blending flavor and function. That's why we thoughtfully balance nourishing ingredients with flavorful herbs and botanicals that have been traditionally used to support your body and mind. We're on a mission to make wellness delicious.

Brewing Instructions



BOIL: Bring fresh, filtered water to a rolling boil.



STEEP: Pour 1 cup water over a tea bag in a cup. Steep 4 minutes, squeeze and remove bag.



ENJOY: Sweeten if desired and enjoy.



TEA WELL

SLEEP

Wellness doesn't stop when the sun goes down. With a blend of ingredients including melatonin to support relaxation, this tea is perfect for getting a good night's sleep.*

A Relaxing Combination

Together, these ingredients help support relaxation and unwinding.*

Melatonin

Known to support a good night's sleep, melatonin is the perfect sleep supplement.*

Chamomile

An herb traditionally known to have calming effects.*

Chamomile Mint

Relaxing and subtly refreshing, these flavors combine for a soothing taste.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 1 tea bag daily
Servings per container: 12

Makes 8 fl. oz.

Amount Per Serving	% Daily Value*
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Proprietary Blend 1040 mg	
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Organic Lemon Balm (<i>Melissa officinalis</i>) (leaf)	*
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Organic Chamomile (<i>Matricaria recutita</i>) (flower)	*
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Organic Catnip (<i>Nepeta cataria</i>) (leaf)	*
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Melatonin (1mg)	*
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*Percent Daily Values have not been established.

OTHER INGREDIENTS: ORGANIC SPEARMINT, ORGANIC NETTLE AND ORGANIC COCONUT OIL. CONTAINS: COCONUT.

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Questions or Comments
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WARNING: RECOMMENDED FOR ADULTS ONLY. IF YOU ARE TAKING PRESCRIPTION MEDICATION, OR ARE PREGNANT OR NURSING, CONSULT YOUR HEALTH CARE PROVIDER PRIOR TO USING THIS PRODUCT. PERSONS WITH ALLERGIES TO THE DAISSY FAMILY MAY BE SENSITIVE TO CHAMOMILE. WE RECOMMEND NO MORE THAN ONE TEA BAG PER DAY.

Caffeine Free



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LIVE WELL

BE WELL

TEA WELL