

SUGGESTED USE:

Take 4 (four) capsules within 1 hour of bedtime.

WARNING: Not intended for use by persons under 18. Consult your physician before use if you have been treated for, diagnosed with, or have a family history of any medical condition, or if you are using a prescription or over the counter drug(s). Consult a physician before starting any diet or exercise program. Do not use if you are pregnant or nursing. Do not operate heavy machinery or automobiles within 8 hours after taking suggested dose. Do not exceed recommended serving size or suggested use. Discontinue use and consult medical doctor if you experience unusual symptoms. Keep out of reach of children. Store in a cool, dry place (60 F to 80 F).

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

V2-24



DIETARY SUPPLEMENT
120 Capsules / 30 Servings

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Magnesium (from Magnesium Oxide)	50mg	12%
Zinc (from Zinc Oxide)	15mg	100%
Metabolic Regeneration Matrix		
L-Arginine	1200mg	*
L-Lysine	1200mg	*
L-Theanine	200mg	*
Ashwagandha (<i>Withania somnifera</i>)		
Root Extract (2.5% Withanolides)	150mg	*
Griffonia simplicifolia Seed extract	100mg	*
99% 5-HTP (Hydroxytryptophan)		
Melatonin	10mg	*

* Percent Daily Value (%DV) not established.

OTHER INGREDIENTS: Gelatin (capsule), microcrystalline cellulose, magnesium stearate, and silica.

Manufactured For:
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