

HERBAL MEDICINE

liquid in a fast-acting softgel



Cramp *ReLeaf*® (Menstrual)

**Stops Sharp
Menstrual Cramps***



**HERBAL SUPPLEMENT
60 SOFTGELS**

Supplement Facts

Serving Size 1 softgel
Servings Per Container 60

Amount Per Serving

PROPRIETARY EXTRACT BLEND: 400 mg†

Black Haw (stem bark), Cramp Bark (bark), Bethroot (root), Clove (flower bud)¹, Cinnamon (bark)¹, fresh Wild Yam (root), Cardamom (pod)¹, Orange (peel)¹.

¹Organic

†Daily Value not established

Other Ingredients: Softgel (bovine gelatin [halal], vegetable glycerine, purified water, carob, chlorophyll), extra virgin olive oil¹, sunflower lecithin¹, beeswax [bee product].

Gluten free

Manufactured in Santa Fe, NM.
No artificial preservatives.



Herbs, Etc., Inc.
1340 Rufina Circle
Santa Fe, NM 87507
herbsetc.com

Cramp *ReLeaf*® (Menstrual) is made with sharp menstrual cramp stopping herbs, including Black Haw, Cramp Bark, and Bethroot.*

We apply our company philosophy to Cramp *ReLeaf*® (Menstrual) as we do to all of our herbal medicines. That philosophy is to do what's right, which extends to choosing the right herbs, using the right processes, and making the right formulations that support your health needs. We do all of this to bring you *herbal medicines made right™*.

Suggested Use:

Immediate - Take one softgel with water every three to four hours. Increase suggested use to two softgels with water should you need additional support.

Proactive - As a preventative measure, take one softgel with water twice a day, five days prior to menstruation.

Best if sold by:
Quality Control #:

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.