



HERBAL FORMULA

Cramp *ReLeaf*[®] (Menstrual)

Stops Sharp
Menstrual Cramps*



HERBAL SUPPLEMENT
1 FLUID OUNCE (30 mL)

Supplement Facts

Serving Size 40 drops
Servings Per Container about 30

Amount Per Serving

PROPRIETARY EXTRACT BLEND: 1.0 mL[†]

Black Haw (stem bark), Cramp Bark (bark),
Bethroot (root), Clove (flower bud)¹,
Cinnamon (bark)¹, fresh Wild Yam (root),
Cardamom (pod)¹, Orange (peel)¹.

¹Organic

[†]Daily Value not established

Other Ingredients: US Pharmacopoeial
alcohol (55-65% by volume), purified
water, vegetable glycerine.

Gluten free

Vegan

Manufactured in Santa Fe, NM.
No artificial preservatives.



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Cramp ReLeaf[®] (Menstrual) is made with sharp menstrual cramp
stopping herbs, including Black Haw, Cramp Bark and Bethroot.*

We apply our company philosophy to Cramp ReLeaf[®] (Menstrual),
as we do to all of our herbal medicines. That philosophy is to do what's
right, which extends to choosing the right herbs, using the right
processes and making the right formulations that support your health
needs. We do all of this to bring you *herbal medicines made right™*.

Suggested Use:

Acute - Take 40 drops (one half teaspoon) in water every three to
four hours. Increase suggested use to 80 drops (one teaspoon) in
water should you need more support/relief.

Proactive - As a preventative measure take 40 drops in water
twice a day five days prior to menstruation.

Best if sold by: 03 Feb 2025 Quality Control #: 1234567

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.