How it works:

- 1. Bulks: and softens stool to improve regularity.*
- 2. Supports: digestive and heart health.*
- 3. Promotes: good gut flora.*

Great for:

- Helping maintain healthy cholesterol levels.
- Improving overall gut health and regularity.*
- Relieving occasional constipation.
- Feeling fuller longer.*
- Aiding nutrient absorption.
- Easing bathroom strain.*
- Maintaining healthy blood sugar levels.*
- Immune system support.

Finally, a fiber for all! Mixes easily into water and tastes great. Absolutely nothing artificial.

Free from dairy, soy, nuts, gluten, and GMO's

'These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Fibersol*-2 is a registered trademark of ADM/Matsutani LLC.





daily multi-fiber

coconut lime flavor

-digestion-

An all-natural, better-for-you fiber blend with prebiotics and probiotics for complete digestive health.*

CRUELTY

8-12 oz. of water up to 3 times daily, or as directed by a healthcare professional.

Supplement Facts

Serving Size 1 Rounded Teaspoon (6.0g) Servings Per Container 60

Amount Per Serving	% Daily Value	
Calories	20	
Total Carbohydrate	5 g	2%
Dietary Fiber	4 g	14%
Soluble Fiber	3 g	t
Insoluble Fiber	1 g	1
Fiber Blend	5.2 g	t

Psyllium Husk Powder 95% Purity, Fibersol*-2 (as digestion resistant maltodextrin), Chia Seed, Inulin (from Blue Agave) & Oat Fiber.

Probiotic Blend (1 Billion cfu**)

Lactobacillus acidophilus DDS-1, Bifidobacterium bifidum UABb-10" Bifidobacterium longum UABI-14" & Bifidobacterium lactis UABIa-12".

Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value Not Established.

OTHER INGREDIENTS: Natural Flavors and Sweet Leaf* Stevia.

"" This product is formulated to deliver a potency of 1 billion organisms at the time of manufacture.

Notice: Consuming this product without enough liquid may cause choking. Do not use if you have difficulty swallowing.



Manufactured for: nbpure
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