

Directions: As a dietary supplement, take one caplet daily or as directed.

Bluebonnet's Ester-C 500 mg. Plus Bioflavonoids Caplets contain buffered **Ester-C®** plus citrus bioflavonoids from fresh oranges, lemons, tangerines, grapefruits and limes. Also providing hesperidin and other flavonols. **Ester-C®** is a patented form of vitamin C that is buffered with calcium and is pH neutral. Available in easy-to-swallow caplets for maximum assimilation and absorption.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Kosher certification
#K-0000700

Manufactured by
Bluebonnet Nutrition Corporation
Sugar Land, Texas 77478 USA



Bluebonnet



Ester-C 500 Plus Bioflavonoids

High Potency Vitamin C
Dietary Supplement
180 Caplets



Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	% Daily Value
Vitamin C (buffered Ester-C) 500 mg.	833
Calcium (calcium ascorbate) 50 mg.	5
Citrus Bioflavonoids 250 mg.	*
Bioflavonoid Composition:	
Flavanones 75 mg.	*
Hesperidin 30 mg.	*
Eriocitrin 23 mg.	*
Naringen & Naringenin 3 mg.	*
Flavonols 63 mg.	*
Flavones 8 mg.	*

* Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, magnesium stearate, silica, vegetable glaze.