



EXTREME SHAKE

MEAL REPLACEMENT

WITH PATENTED SENSORIL® ASHWAGANDHA

PROTEIN BLEND AND MULTI-COLLAGEN

VANILLA

DIETARY SUPPLEMENT
15 SERVINGS ♦ 30 SCOOPS
NET WT. 16.93 OZ. (480G)

110
Calories/
per serving

15.6
grams
Protein
Blend

3.3
grams
MULTI-
COLLAGEN

7.3
grams
Prebiotic/
Probiotic Blend

Supplement Facts

Serving Size: 2 scoops (32 g)

Servings Per Container: 15

	Amount Per Serving	% Daily Value
Calories	110	
Total Fat	3 g	4%
Saturated Fat	2 g	10%
Cholesterol	7 mg	2%
Total Carbohydrates	8 g	3%
Dietary Fiber	5 g	18%
Total Sugars	3 g	
Protein	15 g	30%
Vitamin A (Palmitate)	900 mcg RAE	100%
Vitamin C (Ascorbic Acid)	180 mg	200%
Vitamin D-3 (Cholecalciferol)	20 mcg	100%
Vitamin E (Alpha-tocopherol)	15 mg alpha-tocopherol	100%
Vitamin B-1 (Thiamine)	1.2 mg	100%
Vitamin B-2 (Riboflavin)	1.3 mg	100%
Niacin (Niacinamide)	16 mg NE	100%
Vitamin B-6 (Pyridoxine)	1.7 mg	100%
Folate/Folic Acid	400 mcg DFE	100%
Vitamin B-12 (Cyanocobalamin)	2.4 mcg	100%
Biotin	30 mcg	100%
Pantothenic Acid (D-Calcium Pantothenate)	5 mg	100%
Calcium (Citrate/Carbonate)	239 mg	18%
Phosphorus (Whey Protein)	62 mg	5%
Iodine (Kelp)	75 mcg	50%
Magnesium (Ascorbate)	70 mg	17%
Zinc (Ascorbate)	11 mg	100%
Selenium (Chelate)	55 mcg	100%
Copper (Chelate)	1 mg	110%
Manganese (Ascorbate)	2.3 mg	100%
Chromium (Nicotinate)	61 mcg	175%
Molybdenum (Ascorbate)	38 mcg	85%
Potassium (Citrate) (Ascorbate)	322 mg	7%
Sodium (Chloride)	349 mg	15%
Protein Blend	15.6 g	*
Whey Protein Concentrate, Milk Protein Isolate		
Collagen Blend	3.3 g	*
Hydrolyzed Collagen (Grass-Fed Beef), Hydrolyzed Collagen (Chicken), Hydrolyzed Collagen (Fish), Hyaluronic Acid		
Prebiotic/Probiotic Blend	7.3 g	*
Maltodextrin, Ticaloid® Ultrasmooth CL, Lactobacillus (6 billion/GM), Fibersol, Inulin		
CTFO Extreme Shake Proprietary Blend	1.8 g	*
MCT (Medium Chain Triglycerides), Coconut Powder, Sensoril® (Ashwagandha Leaf and Root Extract).		
* Daily Value not established		
% Daily Value are based upon a 2,000 calorie diet		
Other Ingredients: Natural Flavors, Erythritol, Stevia Extract, Salt, Silica		



KETO
FRIENDLY



GLUTEN
FREE



GMO
FREE



GOOD
MANUFACTURING
PRACTICE

High Protein Milk. Ingredients Derived From Milk.

Suggested Use: Add 2 scoops (32g) to 8 ounces of water.

Delivers 15g of Bioavailable Protein. 3 grams net carbs.

We formulated our PROTEIN & MULTI-COLLAGEN EXTREME SHAKE fortified w/Sensoril® Ashwagandha and a gut-enhancing Prebiotic & Probiotic Blend for people who want a true meal replacement shake with the age-defying properties of collagen.

Collagen is not a complete protein by itself. Combining whey with multi-collagen (grass-fed beef, chicken and fish) delivers the 9 essential amino acids that our body cannot produce on its own to make collagen into a complete protein.

Make Extreme Shake™ a part of your GO-TO healthy lifestyle routine when you absolutely have to be the best version of yourself.

Notice: For weight reduction, use only as directed in CTFO's Low-Carb Lifestyle Plan & Food Guide at www.myctfo.com. Do not use in diets supplying less than 400 calories per day without medical supervision.

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

- Store at 15-30°C (59-86°F).
- Protect from heat, light and moisture.
- Do not purchase if bag is open or torn.

This product may be manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish. Keep out of Reach of Children.

Sensoril® is protected under U.S. Patent No. 7,318,938 and CA Patent No. 2,508,478, and is a registered trademark of Natreon, Inc.

CTFO® is a registered trademark of CTFO, Inc.

Made in USA in FDA registered facility

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