

**DIRECTIONS:** Blend, shake, or briskly stir two scoops (43 g) into 8-12 oz chilled water and consume once or twice daily (two servings maximum per day), or as directed by your healthcare practitioner. Adjust amount of water to desired sweetness and thickness.

**BrainSustain™**, developed by David Perlmutter, MD, FACN, board-certified neurologist and internationally recognized leader in nutritional neurology, represents more than 30 years of neuroscience research. Designed to address brain health, structure, and function, BrainSustain contains a variety of nutrients and cofactors that support mitochondrial energy production, antioxidant systems, neurotransmitter production, and cell membrane integrity.\*

BrainSustain features VegaPro™, XYMOGEN's proprietary pea/rice protein blend; Aminogen®, to facilitate protein absorption; and activated B vitamins such as riboflavin 5'-phosphate (B2), pyridoxal 5'-phosphate (B6), 5-methyltetrahydrofolate (folate), and methylcobalamin (B12). 5-methyltetrahydrofolate (5-MTHF) is provided as Quatrefolic®, a stable, bioavailable form of folate.\*

Two scoops of BrainSustain powder provide the same amount of N-acetyl-cysteine, phosphatidylserine, acetyl-L-carnitine, alpha-lipoic acid, coenzyme Q10, and glucoraphanin (SGS™) as eight capsules of XYMOGEN's NeuroActives™ BrainSustain™.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**CAUTIONS:** Consult your healthcare practitioner before use. If receiving cancer treatment, check with your treating physician. Keep out of reach of children. Avoid if allergic to any ingredient.

**STORAGE:** Keep tightly closed in a cool, dry place.

**DOES NOT CONTAIN:** Wheat, gluten, corn protein, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or preservatives.

BARCODE

# XYMOGEN® EP

EXCLUSIVE • PATENTED

DR. PERLMUTTER-DEVELOPED

NEW & IMPROVED  
Now with 5-MTHF

# BrainSustain™

COMPREHENSIVE BRAIN SUPPORT FORMULA\*

DIETARY SUPPLEMENT

PHARMACEUTICAL GRADE • PROFESSIONAL USE ONLY

NET WT. 22.75 oz (645 g)



VANILLA  
DELIGHT

## Supplement Facts

Serving Size: 2 Scoops (43 g)  
Servings Per Container: 15

Amount Per Serving %Daily Value<sup>†</sup>

**Calories** 150

Calories from Fat 25

**Total Fat** 3 g

Saturated Fat 1 g

Trans Fat 0 g

**Cholesterol** 0 mg

**Total Carbohydrate** 14 g

Dietary Fiber 3 g

Soluble Fiber 3 g

Sugars 6 g

**Protein** 19 g

Vitamin C (as calcium ascorbate)	400 mg	667%	Potassium	250 mg	7%
Vitamin D3 (as cholecalciferol)	1000 IU	250%	N-Acetyl-Cysteine	300 mg	**
Vitamin E (as mixed tocopherols)	200 IU	667%	Phosphatidylserine	200 mg	**
Riboflavin (as riboflavin 5'-phosphate)	25 mg	1471%	Acetyl-L-Carnitine (as acetyl-L-carnitine HCl)	800 mg	**
Niacin (as niacinamide)	200 mg	1000%	Alpha-Lipoic Acid	200 mg	**
Vitamin B6 (as pyridoxal 5'-phosphate)	50 mg	2500%	Coenzyme Q10 (as ubiquinone)	200 mg	**
Folate (400 mcg as calcium folinate and 400 mcg as 5-methyltetrahydrofolate <sup>†</sup> )	800 mcg	200%	DHA (docosahexaenoic acid from algal oil)	50 mg	**
Vitamin B12 (as methylcobalamin)	1000 mcg	16,667%	Benfotiamine	50 mg	**
Calcium (as calcium ascorbate)	50 mg	5%	Glucoraphanin (from broccoli extract) (Brassica oleracea italica)(seed)(SGS™)	30 mg	**
Phosphorus (as potassium phosphate)	50 mg	5%			
Magnesium (as Di-Magnesium Malate)	50 mg	13%			
Sodium	250 mg	10%			

<sup>†</sup> Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

**Other Ingredients:** VegaPro™ (XYMOGEN's proprietary blend of pea protein isolate, rice protein concentrate, taurine, L-glutamine, and glycine), evaporated cane juice, sunflower oil, inulin (from chicory), natural flavors (no MSG), medium-chain triglycerides, Aminogen®, potassium citrate, xanthan gum, guar gum, sodium citrate, sodium chloride, and stevia leaf extract.

**Typical Amino Acid Profile Per Serving:**

Glycine	788mg
Lysine	1,368mg
Valine	1,062mg
Leucine	1,556mg
Isoleucine	185mg
Cysteine	190mg
Threonine	741mg
Alanine	817mg
Serine	1,007mg

**cGMP Quality Standards.**

Researched, Developed & Distributed by:

XYMOGEN®

Exclusive Professional Formulas

6900 Kingspointe Pkwy, Orlando, FL 32819

800-647-6100

© 2012 XYMOGEN

REV. 05/02/12

This package is completely recyclable.



Produced under US patents 5,725,895; 5,968,505; 5,968,567; 6,177,122; and 6,242,018 licensed from Brassica Protection Products LLC; SGS is a trademark of Brassica Protection Products.

Aminogen® is a registered trademark of Triarco Industries. Aminogen® is protected under U.S. patent 5,387,422.



Produced under US patent 6,706,904 and patents pending.

Quatrefolic® is a registered trademark of Gnosis S.p.A. Patents pending.

500mg