

**DIRECTIONS:** Blend, shake, or briskly stir two scoops (43 g) into 8-12 oz chilled water and consume once or twice daily (two servings maximum per day), or as directed by your healthcare practitioner. Adjust amount of water to desired sweetness and thickness.

**BrainSustain™**, developed by David Perlmutter, MD, FACN, board-certified neurologist and internationally recognized leader in nutritional neurology, represents more than 30 years of neuroscience research. Designed to address brain health, structure, and function, BrainSustain contains a variety of nutrients and cofactors that support mitochondrial energy production, antioxidant systems, neurotransmitter production, and cell membrane integrity.\*

BrainSustain features VegaPro™, XYMOGEN's proprietary pea/rice protein blend; Aminogen®, to facilitate protein absorption; and activated B vitamins such as riboflavin 5'-phosphate (B2), pyridoxal 5'-phosphate (B6), 5-methyltetrahydrofolate (folate), and methylcobalamin (B12). 5-methyltetrahydrofolate (5-MTHF) is provided as Quatrefolic®, a stable, bioavailable form of folate.\*

Two scoops of BrainSustain powder provide the same amount of N-acetyl-cysteine, phosphatidylserine, acetyl-L-carnitine, alpha-lipoic acid, coenzyme Q10, and glucoraphanin (SGS™) as eight capsules of XYMOGEN's NeuroActives™ BrainSustain™.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**CAUTIONS:** Consult your healthcare practitioner before use. If receiving cancer treatment, check with your treating physician. Keep out of reach of children. Avoid if allergic to any ingredient.

**STORAGE:** Keep tightly closed in a cool, dry place.

**DOES NOT CONTAIN:** Wheat, gluten, corn protein, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or preservatives.

BARCODE

XYMOGEN® EP

EXCLUSIVE • PATENTED

DR. PERLMUTTER-DEVELOPED

NEW & IMPROVED  
Now with 5-MTHF

BrainSustain™

COMPREHENSIVE BRAIN SUPPORT FORMULA\*

DIETARY SUPPLEMENT

PHARMACEUTICAL GRADE • PROFESSIONAL USE ONLY

NET WT. 22.75 oz (645 g)



VANILLA  
DELIGHT

## Supplement Facts

Serving Size: 2 Scoops (43 g)  
Servings Per Container: 15

Amount Per Serving		%Daily Value†	
<b>Calories 150</b>			
Calories from Fat 25			
<b>Total Fat</b> 3 g		5%	
Saturated Fat 1 g		5%	
Trans Fat 0 g			
<b>Cholesterol</b> 0 mg		0%	
<b>Total Carbohydrate</b> 14 g		5%	
Dietary Fiber 3 g		12%	
Soluble Fiber 3 g			
Sugars 6 g			
<b>Protein</b> 19 g			
Vitamin C (as calcium ascorbate)	400 mg	667%	Potassium 250 mg 7%
Vitamin D3 (as cholecalciferol)	1000 IU	250%	N-Acetyl-Cysteine 300 mg **
Vitamin E (as mixed tocopherols)	200 IU	667%	Phosphatidylserine 200 mg **
Riboflavin (as riboflavin 5'-phosphate)	25 mg	1471%	Acetyl-L-Carnitine (as acetyl-L-carnitine HCl) 800 mg **
Niacin (as niacinamide)	200 mg	1000%	Alpha-Lipoic Acid 200 mg **
Vitamin B6 (as pyridoxal 5'-phosphate)	50 mg	2500%	Coenzyme Q10 (as ubiquinone) 200 mg **
Folate (400 mcg as calcium folinate and 400 mcg as 5-methyltetrahydrofolate¹)	800 mcg	200%	DHA (docosahexaenoic acid from algal oil) 50 mg **
Vitamin B12 (as methylcobalamin)	1000 mcg	16,667%	Benfotiamine 50 mg **
Calcium (as calcium ascorbate)	50 mg	5%	Glucoraphanin (from broccoli extract) 30 mg **
Phosphorus (as potassium phosphate)	50 mg	5%	( <i>Brassica oleracea italica</i> )(seed)(SGS™)
Magnesium (as Di-Magnesium Malate)	50 mg	13%	‡ Percent Daily Values are based on a 2,000 calorie diet.
Sodium	250 mg	10%	** Daily Value not established.

**Other Ingredients:** VegaPro™ (XYMOGEN®'s proprietary blend of pea protein isolate, rice protein concentrate, taurine, L-glutamine, and glycine), evaporated cane juice, sunflower oil, inulin (from chicory), natural flavors (no MSG), medium-chain triglycerides, Aminogen®, potassium citrate, xanthan gum, guar gum, sodium citrate, sodium chloride, and stevia leaf extract.

### Typical Amino Acid Profile Per Serving:

Glycine	788mg	Tyrosine	722mg
Lysine	1,368mg	Aspartic Acid	2,185mg
Valine	1,062mg	Phenylalanine	1,045mg
Leucine	1,596mg	Tryptophan	78mg
Isoleucine	855mg	Proline	855mg
Cysteine	190mg	Methionine	209mg
Threonine	741mg	Histidine	475mg
Alanine	817mg	Arginine	1,663mg
Serine	1,007mg	Glutamine	3,220mg
		Taurine	500mg

All XYMOGEN® Formulas Meet or Exceed cGMP Quality Standards.

Researched, Developed & Distributed by:

XYMOGEN®  
Exclusive Professional Formulas  
6900 Kingspointe Pkwy, Orlando, FL 32819  
www.xyragen.com 800-647-6100



Produced under US patents 5,725,895; 5,968,505; 5,968,567; 6,177,122; and 6,242,018 licensed from Brassica Protection Products LLC. SGS is a trademark of Brassica Protection Products.

Di-Magnesium Malate covered by Albion Laboratories, Inc. U.S. Patent. 6,706,904 and patents pending.



Aminogen® is a registered trademark of Triarco Industries. Aminogen® is protected under U.S. patent 5,387,422.



† Quatrefolic® is a registered trademark of Gnosis S.p.A. Patents pending.

© 2012 XYMOGEN

REV. 050212

This package is completely recyclable