

Vital CLEANSE

WHOLE BODY REJUVENATION*

- Helps eliminate waste & impurities*
- Relieves occasional constipation*
- Supports the body's natural detoxification & elimination function*

14-DAY

Part 1 - 28 Vegetable Capsules
Part 2 - 28 Vegetable Capsules



DIETARY SUPPLEMENT

Vital CLEANSE

WHOLE BODY REJUVENATION*

Vital CLEANSE is a 14-day, 2-part whole body herbal rejuvenation* that works with your body's natural purification processes.

PART 1 - AM FORMULA: Contains concentrated herbal extracts including Milk Thistle seed (80% Silymarin), plus Artichoke leaf, Burdock root, Dandelion root, Mullein leaf, and Yellow dock.

PART 2 - PM FORMULA: A natural laxative formula with magnesium and gentle herbs to help eliminate waste and impurities, and relieve occasional constipation.*

Vital CLEANSE provides targeted support for each of the 7 channels of filtration and elimination.*

- 1. Liver:** Artichoke, dandelion root, milk thistle, yellow dock
- 2. Lungs:** Mullein, yellow dock
- 3. Lymphatic System:** Yellow dock
- 4. Kidneys:** Artichoke, burdock, dandelion root, yellow dock
- 5. Skin:** Burdock, dandelion root, yellow dock
- 6. Blood:** Burdock
- 7. Bowel:** Burdock, dandelion root, cape aloe, rhubarb, slippery elm, marshmallow, triphala, magnesium

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Hi, I'm Brenda Watson, founder of Vital Planet. For more than 25 years my team and I have been formulating superior natural health products. We use the most effective wholesome ingredients to help people balance their digestive system and as a result, achieve vibrant energy and lasting health.*

FOR IDEAL RESULTS BRENDA RECOMMENDS:

Use during
this cleanse
program:



**Vital
FIBER**



**Vital FLORA
PROBIOTICS**

Use as daily
maintenance
after this
cleanse
program:



**Vital FLORA
PROBIOTICS**



**Vital
FIBER**



**Vital LAX
(if constipated)**

FREE Product Specialist Support Line
Call toll-free: 1-866-787-9001



At Vital Planet, we're always here to help! If you have questions or want additional information on any of our products, talk to one of our product specialists who will be happy to guide you on your journey to vibrant health.

VITAL CLEANSE - PART 1

Directions: Take two (2) Capsules in the morning on an empty stomach. Wait 20 minutes before eating.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 14

Amount Per Serving	%DV
Herbal Support Complex 920 mg **	
Milk Thistle seed extract (80% Silymarin)	
Artichoke leaf extract 4:1	
Burdock root extract 4:1	
Dandelion root extract 4:1	
Mullein leaf	
Yellow Dock 4:1 extract	

**Daily Value (DV) not established.

Other Ingredients: Non-GMO Vegan capsule (hypromellose, water).

VITAL CLEANSE - PART 2

Directions: Take two (2) Capsules in the evening before bedtime.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 14

Amount Per Serving	%DV
Magnesium (as magnesium hydroxide) 230 mg	55%
Brenda Watson's Original Lax Blend 1200 mg	
Cape Aloe leaf, Rhubarb root, Marshmallow root, Slippery Elm bark (sustainably harvested), Triphala (blend of Amla Fruit (Emblica officinalis), Belleric Fruit (Terminalia bellerica), Haritaki Fruit (Terminalia chebula))	

**Daily Value (DV) not established.

Other Ingredients: Non-GMO Vegan capsule (hypromellose, water).

NOTICE: This product contains rhubarb and cape aloe. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools, or abdominal pain because rhubarb and cape aloe may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication, or have a medical condition.

DISTRIBUTED BY: VITAL PLANET 133 CANDY LN., PALM HARBOR, FL 34683
QUESTIONS OR COMMENTS? 800.938.8482 OR VITALPLANET.COM

CONTAINS NO: GMOs, yeast, wheat, gluten, psyllium, soy, dairy, tree nuts, salt, sugar, animal products, binders, fillers or artificial ingredients

Store at 86°F (30°C) or below.

QUALITY, PURITY AND POTENCY GUARANTEED THROUGH EXPIRATION.
KEEP OUT OF REACH OF CHILDREN.

Consult your physician prior to using this or any product if you are pregnant, nursing, taking any medication or have a medical condition.



Assembled in
a facility in the
USA that is GMP
(Good Manufacturing
Practices)