ELEVATE YOUR PERFORMANCE **

PROTEIN

per serving

CALORIES

per serving

CARBS

per serving

Suggested Use for MAX MASS: MAX MASS is a hard-core weight-gain supplement that can be used to feed serious calorie needs in a variety of different ways.

Between Meals: Drink 1/3 - 1/2 serving of MAX MASS between meals to maintain positive nitrogen balance and support a high-calorie diet. Post-Workout: Begin drinking 1/2 serving of MAX MASS 30-45 minutes following exercise to support maximum recovery.

Before Bed: Drink 1/3 - 1/2 serving of MAX MASS about 45-60 minutes before bed to provide nutrients to recovering muscle throughout the night. Taking a full serving of MAX MASS at once may be too much for most people.

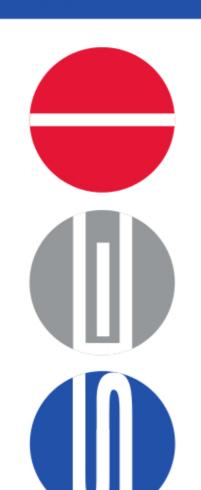
For best results use MAX MASS combined with intense weight training (3-5 times per week) and a sensible whole foods diet. Allowing at least 48 hours between workouts involving the same body part is recommended.



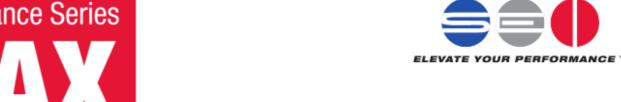
CUSTOMER SERVICE HOTLINE 1.800.808.8800

WWW.SEINUTRITION.COM

GLUTEN FREE WHEAT FREE **GMO FREE**



Performance Series







COMPLEX & SIMPLE CARBS per serving

WHEAT FREE **GMO FREE**

8lbs (3628.7g)

Nutrition Facts

Serving Size: 7 Rounded Scoops (245g) Servings Per Container: 15

Amount Per Serving				
Calories 1000 Calories from Fat 40				
% Dai	% Daily Value*			
Total Fat 4g	5%			
Saturated Fat 3g	14%			
Cholesterol 134mg	41%			
Sodium 793mg	35%			
Potassium 1990mg	58%			
Total Carbohydrate 162g	49%			
Dietary Fiber 3g	10%			
Sugars 63g				
Protein 50g				

Vitamin A 0% • Vitamin C 0%

Calcium 70% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Colorina nos momento.			

Calories per gram:

Fat 9 . Carbohydrate 4 . Protein 4

INGREDIENTS: Whey Protein Concentrate Maltodextrin, Creatine, Natural and Artificial Flavor, Acesulfame Potassium Sucralose, Enzyme Complex (Amylase, Protease, Cellulase, Beta-D-Galactosidase

Alanine Arginine Aspartic Acid Cysteine Glutamic Acid/Glutamine Glycine Histidine Isoleucine Leucine 2,397mg Lysine Phenylalanine Proline

Threonine

Tryptophani

Tyrosine

Typical Amino Acid Profile

1,162mg

2.135mg 357mg

1.360mg

606ma

1.414m

205ma

*Tryptophan in this product is naturally occurring. ** Daily Value (DV) not established

ALLERGEN STATEMENT: THIS PRODUCT CONTAINS INGREDIENTS DERIVED FROM MILK AND SOY

NOTICE: Use this product as a food supplement only. Do not use for weight reduction. If you are not satisfied with this product in any way

please contact CUSTOMER SERVICE at 800-808-8800

Allergen Warning: Vanufactured on equipment which processes products ontaining milk, egg, say beans, fish oil, tree nuts, and peanut flavor.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure



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DIETARY SUPPLEMENT