

Suggested Use

1 ml, 2 - 3 times daily in water, or as directed.
Shake well before using.

Caution

Consult with your physician or a qualified
herbalist before using if pregnant or nursing.
Keep out of reach of children.

*This statement has not been evaluated by the
Food and Drug Administration. This product is
not intended to diagnose, treat, cure, or prevent
any disease.

Integrating Traditions for Wellness

Five Flavors Herbs creates and delivers effective,
sustainable herbal remedies by integrating East
Asian medicine principles with Western herbs and
modern research.



ORGANIC

ASHWAGANDHA

*Promotes Vitality & Calms the Mind**

HERBAL SUPPLEMENT

2 FL OZ (59 ML)

Supplement Facts

Serving Size: 1 ml (approx. 1.5 dropperfuls)

Servings Per Container: 59

Amount Per Serving	% Daily Value
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Organic Ashwagandha Root Extract (<i>Withania somnifera</i>)	1 ml ‡
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‡ Daily Value not established.

Other Ingredients: Purified Water, Organic Cane
Alcohol (40-50% ABV).

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Certified Organic by CCOF



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