

DIRECTIONS: Blend, shake, or briskly stir two level scoops (47 g) of **BrainSustain™** into 8-12 oz chilled water, or as directed by your healthcare practitioner. Adjust amount of water to desired sweetness and/or thickness.

BrainSustain, developed by David Perlmutter, MD, FACN, board-certified neurologist and internationally recognized leader in nutritional neurology, represents more than 30 years of neuroscience research. As a key component of a complete program to support optimal brain function, BrainSustain improves mitochondrial energy production and provides generous antioxidant support to combat the damaging effects of free radicals in the brain.*

BrainSustain features VegaPro™, XYMOGEN's proprietary pea/rice protein blend; Aminogen®, to facilitate protein absorption; and activated B vitamins such as riboflavin 5'-phosphate (B2), pyridoxal 5'-phosphate (B6), methylcobalamin (B12), and 5-methyltetrahydrofolate (folate). 5-methyltetrahydrofolate (5-MTHF) can overcome issues of folate metabolism associated with compromised gastrointestinal function, liver impairment, and genetic enzyme defects. 5-MTHF is provided as Quatrefolic®, which is proven to have greater stability, solubility, and bioavailability over calcium salt forms.*

Two scoops of BrainSustain powder provide the same amount of N-acetyl-cysteine, phosphatidylserine, acetyl-L-carnitine, alpha-lipoic acid, coenzyme Q10, and sulforaphane glucosinolate as eight capsules of NeuroActives™ BrainSustain™.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

CAUTIONS: Consult your healthcare practitioner before use. If receiving cancer treatment, check with your treating physician. Keep out of reach of children. Avoid if allergic to any ingredient.

STORAGE: Keep tightly closed in a cool, dry place.

DOES NOT CONTAIN: Wheat, gluten, corn protein, yeast, soy protein, fish, shellfish, dairy products, artificial colors, artificial sweeteners, or preservatives.

BARCODE

XYMOGEN® EP

EXCLUSIVE • PATENTED

DR. PERLMUTTER-DEVELOPED

NEW & IMPROVED
Now with 5-MTHF

BrainSustain™

COMPREHENSIVE BRAIN SUPPORT FORMULA*

FUNCTIONAL FOOD

PHARMACEUTICAL GRADE • PROFESSIONAL USE ONLY

Net Wt. 24.87 oz (705 g)



CREAMY
CHOCOLATE

Supplement Facts

Serving Size: 2 Scoops (47 g)
Servings Per Container: 15

Amount Per Serving

Calories 160

Calories from Fat 30

	Amount Per Serving	%Daily Value*
Total Fat	3 g	5%
Saturated Fat	1 g	5%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Total Carbohydrate	17 g	6%
Dietary Fiber	4 g	16%
Soluble Fiber	3 g	
Sugars	6 g	
Protein	19 g	

Vitamin C (as calcium ascorbate)	400 mg	667%	Sodium	260 mg	11%
Vitamin D3 (as cholecalciferol)	1000 IU	250%	Potassium	260 mg	7%
Vitamin E (as mixed tocopherols)	200 IU	667%	N-Acetyl-Cysteine	300 mg	**
Thiamin (as benfotiamine)	50 mg	3333%	Phosphatidylserine	200 mg	**
Riboflavin (as riboflavin 5'-phosphate)	25 mg	1471%	Acetyl-L-Carnitine	800 mg	**
Niacin (as niacinamide)	200 mg	1000%	Alpha-Lipoic Acid	200 mg	**
Vitamin B6 (as pyridoxal 5'-phosphate)	50 mg	2500%	Coenzyme Q10	200 mg	**
Folate (400 mcg as calcium folinate and 400 mcg as 5-methyltetrahydrofolate [†])	800 mcg	200%	Broccoli Extract (<i>Brassica oleracea italica</i>) (seed)(30 mg sulforaphane glucosinolate)(SGS™)	273 mg	**
Vitamin B12 (as methylcobalamin)	1000 mcg	16667%	DHA (docosahexaenoic acid from algal oil)	50 mg	**
Calcium (as calcium ascorbate)	50 mg	5%	* Percent Daily Values are based on a 2,000 calorie diet.		
Phosphorus (as potassium phosphate)	50 mg	5%	** Daily Value not established.		
Magnesium (as Di-Magnesium Malate)	50 mg	13%			

Other Ingredients: VegaPro™ (XYMOGEN®'s proprietary blend of pea protein isolate, rice protein concentrate, L-glutamine, L-glycine, and taurine), evaporated cane juice, cocoa powder, sunflower oil, inulin (from chicory), natural flavors (no MSG), medium-chain triglycerides, Aminogen®, potassium citrate, xanthan gum, guar gum, sodium chloride, sodium citrate, and stevia leaf extract.

Typical Amino Acid Profile Per Serving:

Glycine	788mg	Tyrosine	722mg
Lysine	1,368mg	Aspartic Acid	2,185mg
Valine	1,062mg	Phenylalanine	1,045mg
Leucine	1,596mg	Tryptophan	78mg
Isoleucine	855mg	Proline	855mg
Cysteine	190mg	Methionine	209mg
Threonine	741mg	Histidine	475mg
Alanine	817mg	Arginine	1,663mg
Serine	1,007mg	Glutamine	3,220mg

All XYMOGEN® Formulas Meet or Exceed
cGMP Quality Standards.

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Di-Magnesium Malate covered by Albion Laboratories, Inc. U.S. Patent. 6,706,904 and patents pending.



AMINOGEN® is a registered trademark of Triarco Industries. AMINOGEN® is protected under U.S. patent 5,387,422.



† Quatrefolic® is a registered trademark of Gnosis S.p.A. Patents Pending.

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