

cynthia
THURLOW

CREATINE

Supports Lean Muscle Mass & Strength*

Supports Memory & Cognition*

POWERED BY



3g
per Serving

Unflavored
Dietary Supplement

Net Weight
6.35 Oz (180g)



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CREATINE

ONE INGREDIENT! Our Creatine is 100% PURE Creatine Monohydrate. Research has shown that creatine monohydrate has the ability to support both muscle and brain health. Creatine has been shown in clinical trials to improve lean muscle mass, strength and supports memory and cognition.*



Supports Lean Muscle
Mass & Strength*



Supports Memory
& Cognition*

Supplement Facts

Serving Size: 1 Scoop (3g)
Servings Per Container: About 60 servings

	Amount Per Serving	% Daily Value**
Creatine Monohydrate	3g	**

** Percent Daily Values are based on a 2,000 calorie per day diet.

Other Ingredients: None!

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

Recommended Use: As a dietary supplement, take one scoop up to twice daily with 6-8 oz. of water or beverage of your choice or add to a smoothie, or as directed by your health care professional. For best results, blend with shaker cup or blender.

This product contains NO milk, egg, peanuts, crustacean shellfish (lobster, crab or shrimp), tree nuts, wheat, soybean. NO artificial colors or sweeteners, sugar or sodium.

WARNING: Consult with a health care professional before use and/or if you are pregnant, lactating or undergoing treatment for a medical condition. Do not exceed recommended dosage. Discontinue use if any adverse reactions occur and contact a health care professional. Do not use if seal under cap is broken or missing. Store tightly closed in a cool, dry place. **KEEP OUT OF REACH OF CHILDREN.**

Developed by MD Logic Wellness Inc. for MD Logic Health
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