

Magnesium threonate is a special type of magnesium clinically shown to cross the blood brain barrier, supporting sleep, mood, and memory.\*

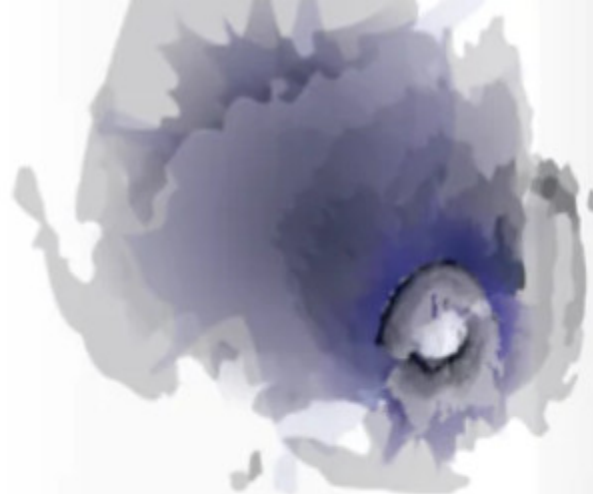
**WARNING:** Consult with a health care professional before use and/or if you are pregnant, lactating, or undergoing treatment for a medical condition. Do not exceed recommended dosage. Discontinue use if any adverse reactions occur and contact a health care professional. Do not use if seal under cap is broken or missing. Store tightly closed in a cool, dry place. **KEEP OUT OF REACH OF CHILDREN.**

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.



Magtein® is protected under a family of US patents, pending patents, and is protected worldwide. Magtein® is a trademark of Magceutics®, Inc. and is distributed exclusively by AIDP, Inc.

Developed By MD Logic Wellness Inc. for MD Logic Health  
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# Avalon<sup>SM</sup>

POWERED BY  MD Logic

## Magnesium Nightcap

Concentrated Therapeutic Dose

DIETARY SUPPLEMENT



### Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

| Amount Per Serving                                           | % Daily Value |
|--------------------------------------------------------------|---------------|
| Magnesium (from Magtein <sup>SM</sup> Magnesium L-Threonate) | 73.4 mg 18%   |
| Magtein <sup>SM</sup> Magnesium L-Threonate                  | 1000 mg †     |

† Daily Value Not Established

Other Ingredients: Hypromellose (capsule, non-GMO tree pulp), microcrystalline cellulose, and organic medium chain triglycerides.

**Recommended Use:** As a dietary supplement, take 2 capsules once per day, or as recommended by a healthcare professional.

Contains NO milk, soy, egg, fish, peanuts, crustacean shellfish, tree nuts, wheat, gluten, rice, or yeast. NO artificial colors or flavors. NO toxic fillers, including stearates and palmitates. Lab tested for contaminants, including heavy metals and mold. Unlike most enteric coatings, our capsules do not contain plastic phthalates. Amber glass bottles eliminate leaching of toxins into our bodies and planet.



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