

PhosphatidylSerine (PS) is a phospholipid highly concentrated in brain cells and nerves. It helps memory, focus, concentration, and learning. It supports nerve cell stability, brain cell connectivity, and stress tolerance.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take 1-2 capsules, up to three times per day.



WellnessResources.com

Rev. 04



PhosphatidylSerine

Memory, Focus,
Cognitive Support*

120 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 2 capsules

Servings per container: 60

	Amount Per Serving	% Daily Value
Phosphatidylserine (from non-GMO sunflower lecithin)	200 mg	*

*Daily Value not established

Other Ingredients: cellulose capsule and rice hulls.

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