

I3C + DIM contains cruciferous vegetable extracts that support healthy estrogen metabolism and balance, in both women and men.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take 1 capsule, 1 to 2 times per day.



WellnessResources.com

Rev. 01



I3C + DIM

Estrogen Metabolism
Support*

60 Capsules
Dietary Supplement

Supplement Facts

Serving Size: 1 capsule

	Amount Per Serving	% Daily Value
Indole-3-Carbinol (I3C) (<i>Brassica oleracea</i>)(leaf)	300 mg	*
Diindolylmethane (DIM)	100 mg	*

*Daily Value not established

Other Ingredients: Cellulose capsule and rice hulls.

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