



**90 Tablets** | DIETARY SUPPLEMENT

For Pregnant & Nursing Mothers

# ULTRA PRENATAL<sup>®</sup> Multivitamin

NaturesPlus<sup>®</sup>

**DIRECTIONS:** Two tablets once daily.

## Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 45

Amount Per Serving		%Daily Value Pregnant Women and Lactating Women
Vitamin A (as beta carotene)	3003 mcg RAE (10,000 IU)	231%
Vitamin C (as ascorbic acid)	150 mg	125%
Vitamin D3 (as vegan cholecalciferol)	10 mcg (400 IU)	67%
Vitamin E (as d-alpha tocopheryl succinate)	67 mg (100 IU)	353%
Thiamin (vitamin B1) (as thiamine HCl)	15 mg	1071%
Riboflavin (vitamin B2)	15 mg	938%
Niacin (as niacinamide)	40 mg NE	222%
Vitamin B6 (as pyridoxine HCl)	50 mg	2500%
Folate (as calcium-L-5-methyl-tetrahydrofolate)	1333 mcg DFE	222%
Vitamin B12 (as methylcobalamin)	(800 mcg L-methylfolate) 20 mcg	714%
Biotin	600 mcg	1714%
Pantothenic Acid (as calcium pantothenate)	25 mg	357%
Choline (as bitartrate)	10 mg	2%
Calcium (as amino acid chelate/complex)	600 mg	46%
Iron (as amino acid chelate/complex)	36 mg	133%
Phosphorus (as amino acid complex)	200 mg	16%
Iodine (from kelp, potassium iodide)	225 mcg	78%
Magnesium (as amino acid chelate/complex)	225 mg	56%
Zinc (as amino acid chelate/complex)	15 mg	115%
Manganese (as amino acid chelate/complex)	6 mg	231%
Inositol	10 mg	†
PABA (para-aminobenzoic acid)	10 mg	†

†Daily Value not established.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ by  
Natural Organics Laboratories, Inc.  
makers of NaturesPlus

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PRODUCT NO. 3084



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Other ingredients: Tri-calcium phosphate, microcrystalline cellulose, magnesium oxide, calcium carbonate, vegetable cellulose, stearic acid, magnesium stearate, potassium amino acid complex, silica, rose hips (*Rosa canina* fruit), rice and pharmaceutical glaze.