

NaturesPlus® VPM Vegan Power Meal features certified organic plant-based protein, the most effective, rejuvenating, essential nutrient in the world. Its health-boosting effects are recognized by nutrition experts and government health organizations around the world. Countless studies have proven the benefits of dietary protein for the strength and growth of our muscles, cardiovascular system, digestive tract and our metabolic and weight management systems. Protein has also been shown to be absolutely vital for healthy hair, skin and nails.†

NaturesPlus VPM Vegan Power Meal delivers a full 20 g of plant-based protein together with the wholesome essential goodness of vitamins and minerals for even greater health-promoting activity. With greater purity than common nutrients, the essential vitamins and minerals in **VPM** come naturally enhanced with the synergistic cofactors found in naturally grown, organic fruits and vegetables. **VPM** comes unsweetened and is delicious and easily added to shakes, smoothies and other healthful beverages or foods.†

Each Serving of Certified Organic NaturesPlus VPM Features:

- 20 g Complete Protein with All Essential Amino Acids
- Certified Organic Ingredients
- All-Vegan Formula
- No Added Sugar – Suitable for Low-Glycemic Diets

Consistent with all **NaturesPlus** organic products, **VPM** includes the following high-quality features:

- Non-GMO • Gluten Free • Soy Free • Yeast Free
- Made in an Independently Certified GMP Facility

DIRECTIONS: Add one heaping scoop (scoop included in can) of **VPM** to 8 to 10 fl. oz. of water, almond milk, juice or smoothie and mix (or shake) until smooth. Add more liquid to desired consistency. For best results, liquids should be very cold.

*Not to be used as the sole source of dietary calories.

VPM MIXES INSTANTLY – NO BLENDER REQUIRED.

VEGAN, YEAST-FREE PRODUCT

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

NOTICE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME, THEREFORE SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING AND HANDLING.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NaturesPlus®

VPM

CLEAN PROTEIN

QUINOA ■ PEA ■ COCONUT

20g PROTEIN PER SERVING

UNFLAVORED

NET WT. 1.16 LBS. (525g)



Nutrition Facts

15 Servings Per Container

Serving Size

1 Scoop (35g)

Amount Per Serving

Calories

120

%Daily Value*

Total Fat 3g

4%

Saturated Fat 0.5g

3%

Trans Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 0.5g

Cholesterol 0mg

0%

Sodium 125mg

5%

Total Carbohydrate 4g

1%

Dietary Fiber 1g

4%

Total Sugars 1g

Includes 0g Added Sugars

0%

Protein 20g

40%

Vitamin D3† (100 IU) 2.5 mcg

15%

Calcium‡ 30 mg

2%

Iron 3 mg

15%

Potassium 35 mg

<1%

Vitamin A (310 IU) 93 mcg RAE

10%

Vitamin C†‡ 4.5 mg

5%

Vitamin E†‡ (1.5 IU) 1 mg

6%

Vitamin K 5 mcg

4%

Thiamin†‡ 0.15 mg

15%

Riboflavin†‡ 0.20 mg

15%

Niacin†‡ 0.25 mg NE

2%

Vitamin B6†‡ 0.25 mg

15%

Folate†‡ (75 mcg L-methylfolate) 125 mcg DFE

30%

Vitamin B12 0.75 mcg

30%

Biotin 35 mcg

120%

Pantothenic Acid†‡ 0.6 mg

10%

Iodine 18 mcg

10%

Magnesium‡ 10 mg

2%

Zinc†‡ 2 mg

20%

Selenium†‡ 30 mcg

50%

Manganese 0.3 mg

15%

Chromium†‡ 30 mcg

90%

Molybdenum 50 mcg

110%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Proprietary Organic Non-GMO Protein Blend (Sources: pea\$, quinoa\$, coconut\$), acacia gum\$, guar gum\$, **Whole Food Blend**\$, stevia (rebaudioside A)\$, *Algas calcareas*\$, annatto extract\$, guava extract\$, amla extract\$, blend of guava, holy basil and lemon extracts\$, acerola extract\$, moringa extract\$, natural beta carotene, zinc oxide, cholecalciferol (from Food Algae)\$, menaquinone-7, *Citrus limon* extract\$, calcium pantothenate, **Mushroom Blend** (*Pleurotus ostreatus*, *Pleurotus eryngii*, *Pleurotus nebrodensis*)\$, mustard extract\$, calcium-L-5-methyltetrahydrofolate, biotin, potassium iodide, sodium molybdate, manganese sulfate, methylcobalamin, chromium chloride. \$Organic

Each serving of VPM Vegan Power Meal also contains:

Organic Whole Food Blend (beet root\$, 300 mg spirulina\$, carrot\$, chlorella\$, parsley\$, spinach\$, tomato\$, flax seed\$, blueberry\$, acerola\$, beet root juice\$, broccoli sprout\$, cauliflower sprout\$, kale sprouts\$, maitake\$, shiitake\$, cordyceps\$, bilberry\$, broccoli\$, kale\$, cauliflower\$)

Free from the allergens milk, eggs, fish, crustacean shellfish, peanuts, wheat and soy. Contains Coconut.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

†Certified Organic Annatto Leaf extract (*Bixa orellana*) contributing Vitamin E; Certified Organic Amla Fruit extract (*Phyllanthus amboia*) contributing Vitamin C; Certified Organic *Algas calcareas* contributing Calcium and Magnesium; Certified Organic Food Algae contributing Vitamin D3 (cholecalciferol); Certified Organic Guava (*Psidium guajava*), Holy Basil (*Ocimum tenuiflorum*) and Lemon (*Citrus limon*) extracts contributing Thiamin, Riboflavin, Niacin, Vitamin B6, Folic Acid, Pantothenic Acid; Certified Organic Guava extract contributing Zinc; Certified Organic Mustard Seed extract (*Brassica nigra*) contributing Selenium; Certified Organic *Moringa oleifera* Leaf extract contributing Chromium.

‡Organ™ Brand is a registered trademark of Organics, Inc.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **NaturesPlus**
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