

SUGGESTED USE: Take 1 scoop of PUMP FUEL® v.2 with 8 oz. of cold water (adjust to desired taste) 45 minutes before workout. For best results take PUMP FUEL® v.2 on an empty stomach. To avoid sleeplessness do not take within 4 hours of bedtime. Limit use to no more than 2 servings in a 24-hour period. To be used as part of a physical conditioning program.

WARNING: KEEP OUT OF REACH OF CHILDREN. Do not exceed recommended dose. Do not take if you are currently taking nitrates for chest pain or if you are taking erectile dysfunction medication. Do not take if you are pregnant or nursing, or contemplating becoming pregnant. This product is only intended to be consumed by healthy adults 18 years of age or older. Before using this product consult with your physician if you are using any prescription or over the counter medication or if you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease. Do not use if you are prone to dehydration or exposed to excessive heat. Do not use if you suffer from the rare genetic disorder, Hyper Beta-Alaninemia. This product contains Beta-alanine which may cause a tingling skin sensation in some individuals. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not consume if tamper evident seal is broken. **STORE IN A COOL, DRY PLACE. AVOID EXCESSIVE HEAT.**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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ALL-IN-ONE PREMIUM PRE-WORKOUT



CAFFEINE FREE

PUMP FUEL® v.2

DIETARY SUPPLEMENT

NITRIC OXIDE
SURGE*

MAXIMUM
POWER*

INTENSE
ENERGY/FOCUS*

GREATER
ENDURANCE*

QUICKER
RECOVERY*



Creatine Magnesium Chelate



Carnosine Synthesizer

NET WT. 1.90 LBS. (840 G)

RASPBERRY LEMONADE
Natural and Artificial Flavor

Supplement Facts

Serving Size 1 Scoop (28 g)
Servings Per Container 30

	Amount Per Serving	%DV**
Calories	50	
Calories from fat	0	
Total Fat	0 g	0%
Saturated Fat	0 g	0%
Trans Fat	0 g	0%
Cholesterol	0 mg	0%
Total Carbohydrate	13 g	4%
Dietary Fiber	0 g	0%
Sugars	0 g	
Protein	0 g	0%
Vitamin C (as ascorbic acid)	125 mg	208%
Vitamin E (as d-alpha tocopherol)	100 IU	333%
Magnesium (as magnesium phosphate)	85 mg	21%
Chromium (as chromium polynicotinate)	40 mcg	35%
Sodium (as sodium chloride)	60 mg	2%

PUMP FUEL® v.2 Blend	23,629 mg (23.6 g)	†
RAPID ATP® v.2 Blend	3,000 mg (3.0 g)	†
Creatine (Kre-Alkalyn®)	2,000 mg	
Magnesium Creatine Chelate (Creatine MagnaPower®)	1,000 mg	
NITRATE PUMP™ Blend	2,625 mg (2.6 g)	†
Arginine Complex:	2,225 mg	
Arginine, Arginine AKG, Arginine Pyroglutamate, DiArginine Malate		
Nitrate Complex:	400 mg	
Beet Extract (beta vulgaris)(Root), Norvaline, Citrulline, Citrulline Malate		
BETA BURN™ Agent	2,500 mg (2.5 g)	†
Beta-Alanine (CarnoSyn®)	2,500 mg	
AMINO FOCUS™ Blend	979 mg (0.9 g)	†
Taurine, N-Acetyl-Tyrosine (100mg), Tyrosine, Glutamine AKG, N-Acetyl Glutamine, Glutamine, Isoleucine, Leucine, Valine, Phosphatidyl Serine, Carnitine, Guanidino Propionic Acid, Vinpocetine, Cinnamon Bark Extract (Cinnamomum verum)(Bark)		
GLYCO LOAD™ Blend	14,525 mg (14.5 g)	†
Maltodextrin, Glycine Propionyl L-Carnitine HCl (GlycoCarn®), Waxy Maize, Glycerol Powder (75% Load), Acetyl L-Carnitine Arginate DihCl (ArginoCarn®)		

** Percent Daily Values (DV) based on a 2,000 calorie diet
† Daily Value (DV) not established

Other Ingredients: Citric Acid, Silica, Soy Lecithin, Natural and Artificial Flavors, Sucralose, Malic Acid, Acesulfame Potassium.

Free of: yeast, lactose, preservatives, aspartame, sugar, gluten.

Contains Soy.

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TRUTH-IN-LABELING:

PUMP FUEL® v.2 is an explosive and fully equipped pre-workout solution formulated with the highest quality ingredients for maximum product efficacy... and the facts don't lie! NDS™ ensures the quality of PUMP FUEL® v.2 for you thru its exclusive Truth-in-Labeling format, where we list exact milligram amounts of PUMP FUEL® v.2's chief ingredients, so you know exactly what you're getting in every serving.

CREATINE - KRE-ALKALYN® + MAGNAPOWER®

PUMP FUEL® v.2 includes 2 of the highest quality forms of creatine available on the market - Kre-Alkalyn® and MagnaPower®. Kre-Alkalyn® has been a staple in PUMP FUEL® since its inception. With a higher pH level, Kre-Alkalyn® is a more stable and "buffered form of creatine" that will not break down into creatinine prior to reaching skeletal muscle. Because Kre-Alkalyn® delivers faster than any other form of creatine, it provides a quicker conversion of ADP to ATP. MagnaPower® is an advanced form of creatine that binds creatine to magnesium, making it less susceptible to breakdown in the stomach, helping to maximize creatine uptake into the body.* PUMP FUEL® v.2's inclusion of elite creatines supports greater cellular energy, enhanced muscle strength, and better power output during workouts.*

NITRIC OXIDE PRE-CUSORS - ARGININE + RED BEET ROOT JUICE

Spiking nitric oxide (N.O.) levels helps vasodilate blood vessels and trigger intense vascularity. PUMP FUEL® v.2's elite pre-workout formulation is well equipped to optimize the portals within the circulatory system, to dilate blood vessels and more efficiently deliver vast levels of oxygen and nutrient-enriched blood to muscle tissue. This healthy increase in blood flow helps produce and maintain PUMP FUEL® v.2's superior muscle pump both intra- and post-workout.* With the inclusion of high nitrate concentrations in the blood from red beet root juice (beta vulgaris) combined with high arginine levels, PUMP FUEL® v.2 maximizes your body's nitric oxide levels.*



CARNOSYN® BETA-ALANINE

As the patented and clinically proven form of beta-alanine, CarnoSyn® is the 'fatigue fighting' pre-cursor to Carnosine, that serves as a buffer to lactic acid build up at the muscular level. Elevating carnosine levels helps delay the onset of fatigue, allowing for a more intense muscular output and maximum workout performance.*

GLYCEROL

By preventing dehydration and delaying fatigue, glycerol supports greater muscle definition and vascularity.*

