



30 Tablets | DIETARY SUPPLEMENT

B-Complex,
Vitamin C & Iron

SUSTAINED RELEASE

ULTRA-STRESS

NaturesPlus®

DIRECTIONS: One tablet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Vitamin C (as ascorbic acid)	500 mg 556%
Thiamin (vitamin B1) (as thiamine HCl)	125 mg 10,417%
Riboflavin (vitamin B2)	125 mg 9615%
Niacin (as niacinamide)	125 mg NE 781%
Vitamin B6 (as pyridoxine HCl)	125 mg 7353%
Folate (as calcium-L-5-methyl- tetrahydrofolate) (400 mcg L-methylfolate)	667 mcg DFE 167%
Vitamin B12 (as methylcobalamin)	500 mcg 20,833%
Biotin	125 mcg 417%
Pantothenic Acid (as calcium pantothenate)	200 mg 4000%
Choline (as bitartrate)	32 mg 6%
Iron (as amino acid chelate/complex)	20 mg 111%

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.

makers of **NaturesPlus**

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PRODUCT NO. 1229



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Inositol	75 mg †
PABA (para-aminobenzoic acid)	50 mg †

†Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, microcrystalline cellulose, ferrous fumarate, magnesium stearate, rose hips (*Rosa canina* fruit), isolated soy protein, rice and pharmaceutical glaze.