



60 Capsules | DIETARY SUPPLEMENT

Multivitamin & Mineral
with Beta Carotene

IRON FREE ULTRA ONE DAILY

NaturesPlus®

DIRECTIONS: One capsule daily with a meal.

Supplement Facts

Serving Size 1 Capsule	Amount Per Serving	% Daily Value
	Vitamin A (100% from beta carotene)	3000 mcg RAE (10,000 IU) 333%
	Vitamin C (as ascorbic acid)	150 mg 167%
	Vitamin D (as cholecalciferol [vegan, D3])	10 mcg (400 IU) 50%
	Vitamin E (as d-alpha tocopheryl succinate)	67 mg (100 IU) 447%
	Thiamin (vitamin B1) (as thiamine mononitrate)	25 mg 2083%
	Riboflavin (vitamin B2)	25 mg 1923%
	Niacin (as niacinamide)	100 mg NE 625%
	Vitamin B6 (as pyridoxine HCl)	25 mg 1471%
	Folate (as calcium-L-5-methyltetrahydrofolate) (400 mcg L-methylfolate)	667 mcg DFE 167%
	Vitamin B12 (as methylcobalamin)	100 mcg 4167%
	Biotin	300 mcg 1000%
	Pantothenic Acid (as d-calcium pantothenate)	50 mg 1000%
	Choline (as bitartrate)	10.5 mg 2%
	Calcium (as carbonate, citrate)	25 mg 2%
	Iodine (as potassium iodide)	150 mcg 100%
	Magnesium (as oxide, aspartate)	7.2 mg 2%
	Zinc (as picolinate, oxide)	15 mg 136%
	Selenium (as selenomethionine, sodium selenite)	200 mcg 364%
	Copper (as gluconate)	2 mg 222%
	Manganese (as gluconate, sulfate)	5 mg 217%
	Chromium (as picolinate, chloride)	200 mcg 571%
	Molybdenum (as sodium molybdate)	150 mcg 333%
	PABA (para-aminobenzoic acid)	25 mg †
	Inositol	25 mg †

†Daily Value not established.

Other ingredients: Vegetable cellulose, magnesium stearate, potassium citrate, silica and purified water.

Free from synthetic: colors, preservatives. Free from milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy and sesame.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

VEGAN  **GLUTEN FREE**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured with LOVE ♥ by
Natural Organics, Inc.
makers of NaturesPlus
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**PRODUCT
NO. 30081**



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