

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose, silica, magnesium stearate, rose hips, spirulina, sunflower seed oil, rice bran and pharmaceutical glaze.

In a natural base of unsaturated fatty acids (from sunflower seed oil), rice bran and spirulina.

IN A SPECIAL BASE WHICH PROVIDES FOR THE GRADUAL RELEASE OF INGREDIENTS OVER A PROLONGED PERIOD OF TIME.

Free from synthetic: colors, preservatives.

DIRECTIONS: As a dietary supplement, two tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

MICRO-GEL SUSTAINED RELEASE SYSTEM

Manufactured with LOVE ♥ by

Natural Organics, Inc.

makers of NaturesPlus

9500 New Horizons Blvd.

Amityville, New York 11701, USA

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PRODUCT NO.
4834



OptiMSM®

Optimal Purity. Optimal Health.

NaturesPlus®

ULTRA HAIR® *Plus*

**SUSTAINED RELEASE
DIETARY SUPPLEMENT**
For Men and Women

with
MSM

60 TABLETS

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene) ... 3000 mcg RAE (10,000 IU)	333%
Vitamin C (as ascorbic acid) ... 500 mg	556%
Thiamin (vitamin B1) (as thiamine HCl) ... 30 mg	2500%
Riboflavin (vitamin B2) ... 100 mg	7692%
Niacin (as niacinamide) ... 30 mg NE	188%
Vitamin B6 (as pyridoxine HCl) ... 10 mg	588%
Folate (as calcium-L-5-methyl-tetrahydrofolate) (400 mcg L-methylfolate)	167%
Biotin ... 2000 mcg	6667%
Pantothenic Acid (as calcium pantothenate) .. 50 mg	1000%
Choline (as bitartrate) ... 100 mg	18%
Zinc (as soy amino acid chelate) ... 5 mg	45%
MSM (methylsulfonylmethane) ... 500 mg	†
Inositol ... 200 mg	†
PABA (para-aminobenzoic acid) ... 100 mg	†
L-Cysteine (free form amino acid) ... 100 mg	†
Folligen Complex – Standardized Extracts of Saw Palmetto Berry and Ginkgo biloba Leaf	†
Glucosamine Sulfate (as aminomonosaccharide) (from bovine cartilage and/or crustacean shell) ... 50 mg	†

†Daily Value not established.