DIRECTIONS: Take 1 to 2 capsules daily or as directed by your healthcare provider.

BLOOD VITALITY is a clinically studied iron demonstrating high bioavailability, low digestive disturbance and improved life performance.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Store in a Cool Dry Place. This product contains no added sugar, artificial colors, artificial flavors, dairy, soy or yeast products or preservatives.

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Dr. Wholeness

Blood Vitality™

Optimize Your Blood and Energize Your Lifestyle*

Easy Digestion and High Absorption*

Results in as little as 3 weeks*

Dietary Supplement | 30 Vegetarian Capsules

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 30

	Amount Per Serving	% Daily Value
Vitamin C	90 mg	100%
Thiamin (Vitamin B1)	1.7 mg	100%
Riboflavin (Vitamin B2)	1.3 mg	100%
Vitamin B6	1.7 mg	100%
Folate	680 mcg DFE	170%
(From 400 mcg Quatrefolic® (6S)-5-Methyltetrahydrofolic acid glucosamine salt)		
Vitamin B12 (as Methylcobalamin)	2 mcg	83%
Biotin	30 mcg	100%
Iron (as Iron Amino Acid Chelate)	15 mg	83%
Zinc (as Zinc Amino Acid Chelate)	11 mg	100%
Copper (as Copper Amino Acid Chelate)	0.9 mg	100%
Molybdenum (as Molybdenum Amino Acid Chelate)	45 mcg	100%
Ferrastrin® Mineral Chelates and Vitamins	700 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.
** Daily Value not established

Other Ingredients: Hydrolyzed rice protein concentrate, Stearic Acid (Vegetarian), Vegetarian Capsules

MANUFACTURED IN A GMP COMPLIANT FACILITY.

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