

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured in the USA for MT. CAPRA
279 SW 9th St., Chichas, WA 98532
1-877-MTCAPRA | www.mtcapra.com

Supplement Facts

Serving Size: 3 caplets

Servings Per Container: 90

Amount Per Serving %DV

Osteo-Mineral Blend (2.042 g) *

Goat Milk Mineral Concentrate, Di Calcium Phosphate, Acetyl-L-carnitine

Collagen Blend (340 mg) *

Chicken Collagen Type II, Lutein Esters (Xangold®)

Flex Blend (342 mg) *

White Willow Bark (Salix alba, bark), Tart Cherry (fruit), Feverfew (Tanacetum parthenium, herb), Valerian (Valeriana officinalis, root), Ginger (Zingiber officinale, root), Turmeric (Curcuma longa, root), Acerola (Malpighia glabra, fruit), Lemon Bioflavonoids

Enzyme Blend (34 mg) *

Bromelain (16 GDU), Papain (.47 TU), Protease (3,773 HUT), Protease Acid-Stable 13 SAP), Amylase (400 SKBU), Lipase (320 LU), Cellulase (250 CU), Peptidase (.83 LAPU)

* Daily Value (DV) not established.

Rev. 1471-20520

Other Ingredients: stearic acid, croscarmellose sodium (ksher), microcrystalline cellulose (ksher), magnesium stearate (ksher), silicon dioxide

CONTAINS: MILK



3rd Party Lab Tested

Non GMO

270 Caplets

Gluten Free

DIETARY SUPPLEMENT

DOCTOR'S CHOICE
NATURALLY

By MT. CAPRA

CAPRA
FLEX®

Bone and Joint Support†

SUGGESTED USE:

Take 3 caplets on an empty stomach or as directed by your healthcare professional. Do not give to children 12 years or younger. Do not use if you are pregnant or nursing, are taking blood thinning medications, or are allergic to acetylsalicylic acid (aspirin) without first consulting with your health care provider.

RESTORING YOU

Our fifth-generation family farm has been rooted in the Pacific Northwest since 1928. My wife, of nearly 50 years, and I have experienced the joy of watching our children and grandchildren thrive in one of the world's most vibrant ecosystems. Over the past 20 years, we've been formulating these natural wholefood supplements to enhance our own vision of gut health, mobility freedom, and immune support.* Since those early days, we have both earned doctoral degrees in Naturopathic Medicine and Education and are thrilled to offer our learning, our experience, and these, Doctor's Choice, Naturally, restorative supplements to you. We hope that this bottle of **CapraFlex®** brings you freedom, healing, and joy as it empowers you to restore your health, naturally!

Here's to restoring you!

Dr. Frank Stout, ND

Dr. Ann Stout, EdD

GMP Compliant

Made in USA