

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) caplet daily, with the meal of your choice.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor.

**IMPORTANT:** Tamper evident seal under cap. Do not use if seal is broken or missing.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool, dry place.

**SATISFACTION  
GUARANTEE**

If you're not satisfied, we'll  
happily refund your money.

RA12013 B12011 A



Gluten Free



No Artificial  
Colors



No Artificial  
Flavors



Soy Free



Vegan



Dairy Free

**FREE  
FROM**

GLUTEN FREE

NO ARTIFICIAL COLORS

DIETARY SUPPLEMENT

VITAMIN

**B-50**

**B-COMPLEX**

metabolism support\*



**100**

CAPLETS  
100 SERVINGS

\*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FDA. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

## Supplement Facts

Serving Size 1 Caplet

Servings Per Container 100

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	50 mg	4,167%
Riboflavin (Vitamin B-2)	50 mg	3,846%
Niacin (as Niacinamide)	50 mg	313%
Vitamin B-6 (as Pyridoxine Hydrochloride)	50 mg	2,941%
Folate 666 mcg DFE (400 mcg Folic Acid)		167%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	2,083%
Biotin (as d-Biotin)	50 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	50 mg	1,000%

**OTHER INGREDIENTS:** Cellulose (Plant Origin), Dicalcium Phosphate, Croscarmellose, Starch, Vegetable Magnesium Stearate, Vegetable Stearic Acid, Silica, Cellulose Coating.

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