

SUGGESTED USE: As a dietary supplement for adults, take one (1) softgel daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. If any adverse reactions occur, immediately stop using this product and consult your doctor.

IMPORTANT: Tamper evident seal under cap. Do not use if seal is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.



Gluten Free



No Artificial
Flavors



Dairy Free



Wheat Free



Lactose Free

**SATISFACTION
GUARANTEE**

If you're not satisfied, we'll
happily refund your money.

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FREE
FROM

GLUTEN FREE
NO ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

B-12

**1,000 mcg
per softgel**

supports energy metabolism*



150
SOFTGELS
150 SERVINGS

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Supplement Facts

Serving Size 1 Softgel
Servings Per Container 150

Amount Per Serving		% Daily Value
Vitamin B-12 (as Cyanocobalamin)	1,000 mcg	41,667%

OTHER INGREDIENTS: Rice Bran Oil and/or Safflower Oil and/or Sunflower Oil, Gelatin (Bovine), Vegetable Glycerin, Yellow Beeswax, Soy Lecithin, Calcium Carbonate, Red Iron Oxide (color).

CONTAINS SOY.

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30 HUNTER LANE, CAMP HILL, PA 17011
www.riteaid.com