

AMINO ACID COMPLEX

Fast-Absorbing Free-Form Amino Acids

20 Free-form Amino Acids including essential (with BCAAs), conditional, and non-essential Amino Acids to support healthy muscle growth, repair, and maintenance, as well as promote increased endurance and recovery during workouts.*

90 CAPSULES

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 45

2 Capsules Contain: % DV

FREE-FORM AMINO ACID COMPLEX 1560 mg **

FREE-FOR	RM AMIN	NO ACID COM	PLEX	1560	mg **
Essential BCAAs		Conditional Amino Acids			
L-Leucine	240 mg	L-Arginine HCI	120 mg	L-Cysteine H	CI 24 mg
L-Isoleucine	120 mg	L-Glutamine	120 mg	L-Proline	24 mg
L-Valine	120 mg	L-Carnitine Fumar	ate 24 mg	L-Tyrosine	24 mg
Essential Amino Acids		L-Ornithine HCI	24 mg	Glycine	24 mg
L-Histidine H	CI 120 mg	Non-Essential	Amino Ac	ids	
L-Lysine HCI	120 mg	L-Alanine			24 mg
L-Methionine 120 mg L-Aspartic Acid					24 mg
L-Phenylalanir	ne 120 mg	L-Serine			24 mg
L-Threonine	120 mg	Taurine			24 mg

OTHER INGREDIENTS: Capsule (gelatin, titanium dioxide).

** Daily Value (DV) not established.

DIRECTIONS: Adults, take 2 capsules daily with water, preferably with a meal. Use only as directed. For best results, take on a regular basis.

WARNING: Consult a physician before using if you are pregnant, nursing a baby, have heart disease, taking medication, or have any other known medical condition. Dietary supplements can affect the way medicines work.

KEEP THIS AND ALL DIETARY SUPPLEMENTS OUT OF THE REACH OF CHILDREN.
WARNING: Contains Phenylalanine, do not take this product if you have PKU (Phenylketonuria) a cenetic disorder that prevents your body from breaking down the amino acid - Phenylalanine.