

Directions For Use

Age 12 years and over: 2 tablets per day

For optimal results take both tablets in one dose, with or after food.

Xtend-Life™ Multi-Xtra is an advanced multi vitamin/mineral supplement with additional specialty nutrients to support bio-availability and good health*.

Store in a cool, dry place.

Batch number:

Manufactured:

Use by date:

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more detailed ingredient information visit:
www.xtend-life.com

L1057-7



Multi-Xtra

Multi Vitamin/Mineral Supplement

60 Tablets



Dietary Supplement
Made in New Zealand

Supplement Facts

Serving size: 2 tablets
Servings per container: 30

	Amount Per Serving	% Daily Value*
Calories.....	10	
Vitamin A (from Natural mixed carotenoids).....	5000 IU	100%
Vitamin C (as Calcium ascorbate, Potassium ascorbate, Ascorbyl palmitate).....	157 mg	260%
Vitamin D3 (as Cholecalciferol).....	500 IU	130%
Vitamin E (as D-Alpha tocopheryl succinate).....	100 IU	330%
Vitamin K2 (as Menaquinone).....	180 mcg	230%
Thiamin (as Thiamin hydrochloride).....	10 mg	670%
Riboflavin (as Riboflavin-5-phosphate).....	10 mg	590%
Niacin (as Nicotinic acid, Niacinamide, Chromium nicotinate).....	27 mg	140%
Vitamin B6 (as Pyridoxal 5-phosphate).....	8 mg	400%
Folic Acid.....	300 mcg	75%
Vitamin B12 (as Cobamide).....	25 mcg	420%
Biotin.....	400 mcg	130%
Pantothenic acid (as Calcium pantothenate).....	40 mg	400%
Calcium (as Calcium citrate, Calcium ascorbate, Calcium magnesium Inositol hexaphosphate, Dicalcium phosphate, Calcium pantothenate).....	55 mg	6%
Iodine (as Potassium iodide).....	150 mcg	100%
Magnesium (as Magnesium citrate, Calcium magnesium inositol hexaphosphate, Magnesium stearate).....	64 mg	15%
Zinc (as Zinc citrate).....	9 mg	60%
Selenium (as L-selenomethionine).....	100 mcg	140%
Copper (as Copper gluconate).....	0.1 mg	6%
Manganese (as Manganese citrate).....	2 mg	100%
Chromium (as Chromium nicotinate).....	106 mcg	90%
Molybdenum (as Sodium molybdate).....	64 mcg	90%
Potassium (as Tripotassium citrate, Potassium ascorbate, Potassium iodide).....	47 mg	2%

	Amount Per Serving	% Daily Value*
MSM (Methylsulfonyl methane).....	99 mg	-- **
Choline Bitartrate.....	93 mg	-- **
Inositol (as Inositol & Inositol hexaphosphate).....	67 mg	-- **
PABA (p-Aminobenzoic acid).....	50 mg	-- **
Soy Lecithin.....	50 mg	-- **
Horsetail Extract (leaf & stem).....	40 mg	-- **
Mineral sea salts.....	30 mg	-- **
Green Tea Extract.....	25 mg	-- **
Betain HCL.....	24 mg	-- **
Alfalfa Extract (aerial parts).....	10 mg	-- **
Amylase (from Aspergillus oryzae).....	10 mg	-- **
Bromelain (from pineapple stem).....	10 mg	-- **
Rutin (from Saphorae japonica buds).....	9 mg	-- **
Piperine (from Black pepper).....	4 mg	-- **
Tocotrienol/Tocopherol Complex (Tocomin®) (from Palm tree oil).....	2 mg	-- **
Boron (as Boron Citrate).....	720 mcg	-- **
Lutein (from Aztec marigold flower).....	500 mcg	-- **
Lycopene (from Tomato).....	180 mcg	-- **
Zeaxanthin (from Aztec marigold flower).....	25 mcg	-- **

* Percent daily values are based on a 2000 calorie diet
** Daily value not established

Other Ingredients: Microcrystalline cellulose, Dextrose, Pharmaceutical glaze (Talc, Polyvinyl alcohol, Polyethylene glycol and Polysorbate 80), Silicon dioxide, Sodium carboxymethyl cellulose, Maltodextrin.

Contains ingredients derived from soy
Does not contain dairy, gluten, shellfish or peanut

Xtend-Life Natural Products (Intl) Ltd.
12 Mary Muller Drive, PO Box 19640,
Christchurch 8241, New Zealand.
Tel: USA / Canada 1-888-487-9304
International: +64 (3) 384 2116
Made in New Zealand