

Directions For Use  
Adults: 2 soft gels 1 or 2 times per day  
Children 6 and over: 1 soft gel per day  
May be taken anytime, with or without food.  
If you are on blood thinning medications or aspirin please consult your health professional before using this product.

No additives or flavours

Batch number:  
Manufactured:  
Use by date:

Store in a cool, dry place.

For more detailed ingredient information visit:  
[www.xtend-life.com](http://www.xtend-life.com)

L1099-11



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# Omega 3 / DHA Fish Oil

Hoki Oil from the Pristine Waters of the Southern Ocean 893mg / serving

60 Soft Gels

**Dietary Supplement**  
Made in New Zealand



| Supplement Facts                                        |                    |                |
|---------------------------------------------------------|--------------------|----------------|
| Serving size: 2 soft gels                               |                    |                |
| Servings per container: 30                              |                    |                |
|                                                         | Amount Per Serving | % Daily Value* |
| Calories.....                                           | 20                 |                |
| Calories from fat.....                                  | 20                 |                |
| Total fat.....                                          | 2 g                | 3%             |
| Cholesterol.....                                        | 15 mg              | 5%             |
| Fish Oil.....                                           | 2000 mg            | **             |
| Total Omega 3 Fatty Acids (from Fish oil).....          | 1000 mg            | **             |
| DHA (Docosahexaenoic acid).....                         | 600 mg             | **             |
| EPA (Eicosapentaenoic acid).....                        | 260 mg             | **             |
| Total Omega 9 Fatty acids.....                          | 320 mg             | **             |
| Total Omega 6 Fatty acids.....                          | 100 mg             | **             |
| * Percent daily values are based on a 2000 calorie diet |                    |                |
| ** Daily value not established                          |                    |                |
| Not a significant source of Vitamin C                   |                    |                |

Other ingredients: Soft-gel (Gelatin, Glycerol, Water), Antioxidant blend to preserve freshness (Natural mixed tocopherols, Rosemary extract, Ascorbyl palmitate)

Contains Fish (Tuna and Whiting (Hoki))  
Does not contain soy, dairy, gluten, peanut or shellfish

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Made in New Zealand

Xtend-Life™ Omega 3 / DHA Fish Oil is a unique blend of natural oil extracted from Hoki (New Zealand Whiting), and molecularly distilled, concentrated Tuna oil.

The Hoki oil used in this product comes from the pristine waters of the Southern Ocean of New Zealand.

The Tuna oil component goes through a unique proprietary process (in addition to molecular distillation) resulting in a level of purity rarely achieved in other fish oils.