For more information: 1-888-462-2548

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Distributed by: General Nutrition Corporation Pittsburgh, PA 15222 Made in the USA

ACTUAL SIZE

48107 06914

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Promotes joint mobility & flexibility*

Clinically validated benefits

Glucosamine

Chondroitin

MSM

90 CAPSULES

Lot No./Best By:

Directions: As a dietary supplement, take three capsules daily.

Supplement Facts

Serving Size 3 Capsules Servings Per Container 30

Amount Per Serving	% Daily Value	
Calories	5	
Total Carbohydrates	1 g	< 1%†
Sodium	120 mg	5%
Glucosamine Sulfate -2KCl	1500 mg	89
Chondroitin Sulfate Sodium	1200 mg	d.
MSM (Methylsulfonyl-methane)	500 mg	- 0
SAM-e (S-adenosyl-methionine)	100 mg	

* Daily Value not established.

Other Ingredients: Gelatin, Silica, Vegetable Magnesium Stearate.

CONTAINS: Shellfish (Shrimp).

WARNING: Do not use if pregnant or nursing. Do not exceed recommended dose. If you are taking any medication or are under the care of a physician for depression or related disorder, contact your physician before using this product. May cause gastrointestinal upset in some persons. If you experience discomfort, discontinue use.

No Artificial Colors, No Artificial Flavors, No Wheat, No Gluten, No Yeast, No Lactose, No Milk or Milk Derivatives, No Sugar,

KEEP OUT OF REACH OF CHILDREN Store in a cool, dry place.