SUGGESTED USE Consume two capsules daily. You can increase or decrease your intake as required or as guided by your physician. For questions about the use of this product call 800.800.1200.

Note This product has a slight natural odor from its cruciferous vegetable extracts.

Since 1979, Unsurpassed **Purity, Quality and Efficacy.** 100% SOLAR PRODUCTION ZERO-CARBON FOOTPRINT



QUESTIONS? REORDERS? 800.800.1200 PROCAPS.COM

Manufactured by ProCaps Labs Henderson, NV 89011







ULTIMATE **WOMEN'S** WELLNESS

Natural Hormone Balance

Natural Relief for Symptoms of Menopause, Perimenopause and PMS



360 Easy-to-Swallow Capsules Dietary Supplement

ULTIMATE WOMEN'S WELLNESS is our most comprehensive formula to support the needs of women at all stages of life. It contains our highest levels of the key beneficial isoflavones from soy. Research has shown that these natural isoflavones can help diminish the normal symptoms of menopause. Soy isoflavones have also been consistently shown to support bone and heart health. For centuries, soy has been a staple food in the healthy Asian diet and Ultimate Women's Wellness is designed to provide the same balance of isoflavones present in the healthy Asian diet. We also include 400 IU of vitamin D3 and 100 mg of calcium because of their critical roles in women's health, along with our special extract of green tea, which is standardized to provide 125 mg of EGCG. We also include 75 mg of our broccoli extract standardized for high levels of sulforaphane. Additionally, we add 75 mg of indole-3-carbinol, also found in healthy cruciferous vegetables, which has been shown to support normal estrogen activity and metabolism in breast tissue. We also include 250 mg of our special cranberry concentrate, providing powerful support to a woman's urinary tract. Also included are lutein, lycopene and zeaxanthin, because these powerful antioxidants are so important to the health of female tissues, while also lacking from our diet and most supplements. We also include the world's most sophisticated high-potency B-complex formula, including our absorption-protected natural B12 (methylcobalamin). All of these specialized ingredients make Ultimate Women's Wellness our most comprehensive choice for hormonal balance and wellness throughout all stages of life.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CONTAINS NO ADDITIVES OF ANY KIND

Supplement Facts	Serving Size 2 C Servings Per Contai	apsules ner 180
Amount Per Serving		% DV*
Vitamin D3 (as cholecalciferol)	10 mcg (400 IU)	50%
/itamin B1 (as thiamin hydrochloride)	5 mg	417%
(itamin B2 (as riboflavin)	5 mg	385%
Niacin (as niacinamide)	5 mg	31%
Pantothenic Acid (as calcium pantothenat	e) 5 mg	100%
itamin B6 (as pyridoxine hydrochloride)	5 mg	294%
/itamin B12 (as methylcobalamin)	50 mcg 2	2,083%
Folate (as L-5-methyltetrahydrofolate)	67 mcg DFE	17%
Biotin	50 mcg	167%
Calcium (as calcium carbonate)	100 mg	8%
Soybean, extract (ultra-concentrate) standardized to 40% isoflavones Genistein/Genistin 28 - 40 mg Daidzein/Daidzin 26 - 40 mg	175 mg	t
ireen Tea, extract (leaf) standardized to 98% polyphenols Epigallocatechin Gallate 125 mg	250 mg	t
Cranberry, extract (fruit)	250 mg	t
standardized to 35% fruit acids/17:1 c		
ndole-3-Carbinol	75 mg	
Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane glud	75 mg cosinolate	†
Lutein	2 mg (2,000 mcg) †
Lycopene	1 mg (1,000 mcg	
Zeaxanthin	500 mcg	†
* Percent Daily Values (% DV). † Daily Value n	ot established.	

Other Ingredients: Gelatin capsule, Proprietary Protective Methyl B12 Matrix. CONTAINS NO Milk, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, genetically modified (GMO) ingredients or manufacturing additives.