**SUGGESTED USE** Consume one capsule daily. You can increase your intake as required or as guided by your physician. For questions about the use of this product call 800.800.1200.

Since 1979, Unsurpassed Purity, Quality and Efficacy. 100% SOLAR PRODUCTION

ZERO-CARBON FOOTPRINT PROCAPS

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ANDREW LESSMAN



## TURMERIC & **GINGER EXTRACTS**

Soothing Relief for Joints & Digestion Extremely Rich in Protective Compounds



Dietary Supplement | 240 Easy-to-Swallow Capsules

science behind Turmeric's extensive health benefits; however, delivering those benefits requires more than "spice in a pill." As a spice, flavor is what matters, but in a beneficial supplement, Turmeric's protective curcuminoids require special attention. To enhance its activity, we complex our Turmeric with phosphatidylcholine (PC) - the most important phospholipid in our liver and brain. This unique complex ensures optimum benefits by protecting Turmeric's curcuminoids from digestive damage and rapid excretion. Ginger Root has also and popular spice. Ginger was among the first spices brought to the New World and it has been soothing overworked joints and upset stomachs

and Ginger Extracts delivers natural, soothing relief for our challenged joints and sensitive digestive system. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat,

for centuries. Unlike typical Ginger spice, our Ginger is standardized to provide high levels of

the all-important gingerols. In short, **Turmeric** 

## cure, or prevent any disease. CONTAINS NO ADDITIVES OR COMMON ALLERGENS

been used for cent			0	
Supplement Facts Serving Size 1 Capsule Servings Per Container 240				
Amount Per Serving				% DV*
Vitamin C (as palmitate/	calcium ascorba	te) 3	0 mg	33%
Ginger, extract/powder ( standardized to 5% gir			0 mg	t
Curcumin Phospholipid (	Complex	20	0 mg	†
(Turmeric, 95% extract (root) and phospholipids)				
Total Curcuminoids	75 mg			†
Total Phospholipids	35 mg			

TURMERIC & GINGER EXTRACTS provides standardized extracts of related plants that offer soothing relief to our joints and digestive system. Turmeric is a centuries-old traditional medicine

and Asian spice that is also the main flavor in Indian curry. Clinical science now validates the

\* Percent Daily Values (% DV), † Daily Value not established. Other Ingredients: Natural plant cellulose vegetarian capsule (acid resistant). CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.

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