

SUGGESTED USE: Take one (1) capsule once or twice daily or as recommended by a physician.*

Caution: Keep out of reach of children. Those undergoing treatment for a medical condition should consult a physician before taking this supplement.

Do not use if outer seal is missing or damaged. Store in a dry, cool place.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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MAGNESIUM CITRATE

Dietary Supplement

- Supports energy production*
- Helps reduce stress levels*
- Supports nerve and muscle function*

120 capsules

Supplement Facts		
Serving Size: 1 Capsule		
Servings Per Container: 120		
Amount Per Serving	% Daily Value	
Magnesium (as Magnesium Citrate/Oxide)	225 mg	54%

Other Ingredients: Vegetable Capsule (Hypromellose)

Magnesium citrate is a highly bioavailable source of elemental magnesium and is a cofactor in more than 300 enzyme systems in the body. Magnesium assists in energy production, supports nerve and muscle function and helps reduce stress levels.*

Capsules contain 750mg of magnesium citrate complex, providing approximately 225mg of elemental magnesium.

MANUFACTURED FOR LES LABS, INC. LOS ANGELES, CALIFORNIA 91789. (877) 567-5370.