

suggested USE: Take two (2) capsules once daily or as directed by a physician. May be taken twice daily during periods of elevated stress.

Caution: Keep out of reach of children.

Those undergoing treatment for a medical condition should consult a physician before taking this supplement.

Do not use if outer seal is missing or damaged. Store in a dry, cool place.







*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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GABA HEALTH

Dietary Supplement with GABA, L-Theanine & Skullcap

Supports relaxation & tranquility*

Gently calms the central nervous system*

Helps reduce occasional stress & quiets the mind*

90 capsules

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 45

Amount Per Serving	% Daily Value	
Vitamin B6 (as Pyridoxine HCI)	5 mg	294%
Magnesium (as Magnesium Glycinate)	50 mg	12%
Zinc (as Zinc Citrate)	5 mg	45%
Gamma Amino Butyric Acid (GABA)	200 mg	88
Taurine	200 mg	**
Glycine	200 mg	"
Passionflower Extract (Passiflora incarnata) (Stem, Leaf, and/or Flower) (min. 3.5% Flavonoids as Vitexin)	200 mg	
L-Theanine	100 mg	**
Chinese Skullcap Extract (<i>Scutellaria</i> biacalensis) (root)	100 mg	**
** Daily Value not established		1000

Other Ingredients: Vegetarian Capsule (Hypromellose), Organic Rice Bran Powder

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