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DIRECTIONS: Take one tablet, up to two times daily, with a meal. Do not exceed recommended dose.

Consult your healthcare practitioner prior to use if you have, or suspect you have, a medical condition or are taking prescription drugs for depression, migraines, Parkinson's disease, or psychiatric disorders. Not for use by children.

5-HTP CR has a delivery system that releases 5-HTP slowly and steadily over a period of time. 5-HTP is a drug-free amino acid derived from a plant that naturally increases the body's level of serotonin, the chemical messenger that affects emotions, behavior, appetite, and sleep. Today's stress-filled lifestyles and dietary practices may negatively affect how the body handles serotonin. Regular use of XYMOGEN®'s 5-HTP CR helps promote a more positive outlook and greater appetite control.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CAUTIONS: Do not use with other dietary supplements containing L-tryptophan, 5-HTP, St. John's wort, SAME, or Hawaiian baby woodrose. Do not take if you are, or suspect you are, pregnant or if you are lactating, or under 18 years of age.

STORAGE: Keep closed in a cool, dry place out of reach of children.

DOES NOT CONTAIN: Wheat, gluten, corn, yeast, soy, animal or dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, artificial sweeteners, or preservatives.

XYMOGEN®

EXCLUSIVE PROFESSIONAL FORMULAS

5-HTP CR

*Controlled-Release
5-Hydroxytryptophan Formula
Dietary Supplement*

Pharmaceutical Grade • Professional Use Only
60 Tablets

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

Amount Per Serving %Daily Value		
5-HTP (5-hydroxytryptophan)	100 mg	**
(from <i>Griffonia simplicifolia</i>)(seed)		

** Daily Value not established.

Other Ingredients: Dibasic calcium phosphate, cellulose and cellulose derivatives, stearic acid, silica, magnesium stearate, and glycerin.

All XYMOGEN® Formulas Meet or Exceed cGMP Quality Standards.

Researched, Developed & Distributed by:
XYMOGEN®

Exclusive Professional Formulas
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www.xymogen.com 800-647-6100

ZLB-5HTP-CR100-01

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