

SHREDZ SUPPLEMENTS

CREATINE

ALPHA DIETARY SUPPLEMENTS 120 CAPSULES

THIS PRODUCT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

WARNING: NEVER EXCEED RECOMMENDED DOSAGE

Not for use by persons under age 18. Do not use if pregnant or nursing. KEEP OUT OF REACH OF CHILDREN. Do not consume synephrine or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult your physician prior to use if you are taking medication including but not limited to, MAOI inhibitors, antidepressants, aspirin, non-steroidal anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headaches or shortness of breath. As individuals vary so may results from using this product. This product contains ingredients of international & domestic origin.



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Directions: Take two (2) capsules pre-workout followed by two (2) capsules post-workout

Supplement Facts

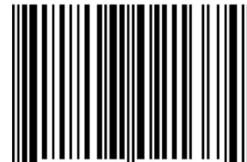
Serving Size: 4 Capsules
Servings Per Container: 30

	Amount Per SRV	% DV*
Magnesium	80mg	19.05%
Creatine Magna Power®	1000mg	★
(Creatine-Magnesium Chelate - US Patent # 6114379)		
SHREDZ® Proprietary Pump & Vascularity Blend	2210mg	★
Beta Alanine, Arginine AKG, Vanadyl Sulfate (20% Vanadium)		

*Percentage Daily Value Not Established

Other Ingredients: Maltodextrin, Magnesium Stearate, Gelatin, Titanium dioxide, Sodium Copper Chlorophyllin, FD&C YELLOW #5, FD&C YELLOW #6

Creatine Magna Power® is a registered trademark of Albion Laboratories and covered by U.S. Patent 6,114,379 and patents pending.



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