SUGGESTED USE Based upon the amount of lactose-containing foods ingested, consume one to three capsules immediately before. during or following that meal. For questions about the use of this product call 800.800.1200.

Since 1979, Unsurpassed Purity, Quality and Efficacy. 100% SOLAR PRODUCTION ZERO-CARBON FOOTPRINT

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DAIRY& LACTOSE TOLERANCE

All-Natural Enzyme Complex

Digests Lactose (Dairy & Milk Sugar) Relieves Lactose Intolerance



Dietary Supplement | 240 Easy-to-Swallow Capsules

DAIRY AND LACTOSE TOLERANCE is a mild, all-natural enzyme supplement designed to gently and effectively enhance your body's natural digestion of dairy products and lactose ("milk sugar"). Dairy products are an excellent source of calcium and protein, but unfortunately for many people, they are also difficult to digest comfortably. The culprit is lactose, the natural sugar present in milk and dairy products, which can be very difficult for many people to digest, particularly as we get older, causing gas, diarrhea, bloating and significant discomfort. The severity of the gastrointestinal discomfort - referred to as "Lactose Intolerance" depends on the individual and can in many cases prevent the consumption and certainly, the enjoyment of any dairy products. Dairy and Lactose

Tolerance contains enzymes to help your body break down lactose and avoid discomfort. As we get older, we produce less lactase (the enzyme that digests lactose), so the dairy products we formerly enjoyed in our youth are no longer comfortable to consume. The mild, yet powerful, natural enzymes in Dairy and Lactose Tolerance help to relieve dairy and lactose-related upset while you enjoy the flavor

and health benefits of dairy. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to

diagnose, treat, cure, or prevent any disease. **CONTAINS NO ADDITIVES OR COMMON ALLERGENS**

Supplement Facts Serving Size 1 Capsule Servings Per Container 240

Amount Per Serving Proprietary Digestive Enzyme Blend 415 mg † Lactase (51.500 ALU/g) Papain (2,000 USP/mg)

Bromelain (120 GDU/g) † Daily Value not established.

Other Ingredients: Gelatin capsule. CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.