

SUGGESTED USE Consume one or more capsules daily or as recommended by your physician. **For questions about the use of this product call 800.332.7799.**

FOR OVER 40 YEARS
Unsurpassed Purity, Quality
and Efficacy

100% SOLAR PRODUCTION
ZERO CARBON FOOTPRINT



QUESTIONS? | REORDERS?
800.800.1200 • www.PROCAPSLABS.com



Manufactured by ProCaps Labs
Henderson, NV 89011



CRUCIFEROUS EXTRACTS™

Broccoli | Red Cabbage | Wasabi
Mustard Seed | Kale | Brussels Sprouts



Dietary Supplement | **360** Easy-to-Swallow Capsules

Andrew Lessman's CRUCIFEROUS EXTRACTS is a unique combination of powerful extracts from what are now accepted as the healthiest of vegetables — **Cruciferous**. Cruciferous vegetables are the healthy vegetables children love to hate and sadly, they don't fare much better with adults. Given our limited consumption of these vegetables, a supplement is the only other means of enjoying their remarkable benefits. Our **Cruciferous Extracts** formula delivers standardized extracts of key compounds from a wide variety of Cruciferous vegetables, including broccoli, Brussels sprouts, cabbage, kale, mustard seed and Japanese wasabi. The most important of these Cruciferous extracts are the Glucosinolates, including Sulforaphane. Glucosinolates are a very broad family of extremely beneficial compounds that give Cruciferous vegetables their characteristic taste and are responsible for their health benefits. Five of the six extracts in this formula (**Broccoli, Brussels Sprouts, Kale, Wasabi** and **Mustard Seed**) are standardized for high levels of Glucosinolates, including the remarkable 10% level found in our **Mustard Seed Extract**. Our **Broccoli Extract** is our most potent ever at an amazing standardization of 1.2% Sulforaphane Glucosinolate, the compound attributed with broccoli's long list of health benefits. We round out the formula with an extract of **Red Cabbage** standardized for high levels of Polyphenols and Anthocyanins. Our **Cruciferous Extracts** provides a unique blend of standardized extracts from a broad array of Cruciferous vegetables to provide a convenient and economical tool to help overcome the absence of these remarkable foods and their health benefits from our diet.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts		
Serving Size 1 Capsule	Servings Per Container 360	
Amount Per Serving	%DV*	
Vitamin C (as calcium ascorbate/ascorbyl palmitate)	30 mg	33%
Broccoli, extract (sprout/seed) standardized to 1.2% sulforaphane glucosinolate	80 mg	†
Red Cabbage, extract (leaf) standardized to 20% polyphenols/7.5% anthocyanins	80 mg	†
Mustard Seed, extract (seed) standardized to 10% glucosinolates	40 mg	†
Wasabi, extract (root) standardized to 0.75% glucosinolates	20 mg	†
Brussels Sprouts, powder (sprout) standardized to 0.3% glucosinolates	20 mg	†
Kale, powder (leaf) standardized to 0.2% glucosinolates	20 mg	†
Total Glucosinolates:	8 mg (8,000 mcg)	†
* Percent Daily Values (%DV) are based on a 2,000 calorie diet.		
† Daily Value not established.		

Other Ingredients: Gelatin capsule.
CONTAINS NO Milk, soy, yeast, wheat, gluten, sodium, salt, sugar, fat, cholesterol, color, preservative, common allergens, genetically modified (GMO) ingredients or manufacturing additives.