



PRIMAFORCE

ZMA®

ANABOLIC MINERAL SUPPORT†

SUGGESTED USE:

As a dietary supplement, take 3 capsules (**for men**) or 2 capsules (**for women**) daily on an empty stomach 30-60 minutes before bedtime or as directed by your healthcare professional. For best results, avoid taking with dairy or other calcium-containing foods or supplements.

WARNING: For healthy individuals 18 years and older. Consult a healthcare professional prior to use if you are pregnant or nursing, taking medication, or have a medical condition. **KEEP OUT OF REACH OF CHILDREN.** Do not use if safety seal is broken or missing.

NOTICE: Store in a cool, dry place.

MANUFACTURED FOR PRIMAFORCE®
PrimaForce, 351 E 1750 N, Vineyard, UT 84059
WWW.PRIMAFORCE.COM

TESTED FOR
PURITY &
POTENCY

180
CAPSULES
PER CONTAINER

60SERVINGS FOR MEN
90SERVINGS FOR WOMEN

180 CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Capsules for Men, 2 Capsules for Women
Servings Per Container: 60 for Men, 90 for Women

Amount Per Serving	% Daily Value*	
	Men	Women
Vitamin B6 (as pyridoxine HCl)	10.5mg 618%	7mg 412%
Calcium (as calcium carbonate)	90mg 7%	60mg 5%
Magnesium (as magnesium aspartate, magnesium oxide)	450mg 107%	300mg 71%
Zinc (as zinc mono-L-methionine, zinc aspartate)	30mg 273%	20mg 182%

*Percent Daily Values (DV) are based on a 2000 calorie diet.

OTHER INGREDIENTS: Gelatin capsule, magnesium stearate (vegetable source), zinc oxide.

ZMA® is a registered trademark of SNAC System, Inc., San Carlos, CA 94070.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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