

**SHREDZ SUPPLEMENTS**



# MULTIVITAMIN

**ALPHA** DIETARY SUPPLEMENTS 60 CAPSULES

THIS PRODUCT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**WARNING: NEVER EXCEED RECOMMENDED DOSAGE**

Not for use by persons under age 18. Do not use if pregnant or nursing. KEEP OUT OF REACH OF CHILDREN. Do not consume sympathomimetic or caffeine from other sources, including but not limited to, coffee, tea, soda and other dietary supplements or medications containing phenylephrine or caffeine. Contains caffeine. Do not use for more than 8 weeks. Consult your physician prior to use if you are taking medication including but not limited to, MAOI inhibitors, antidepressants, aspirin, non-steroidal anti-inflammatory drugs or products containing phenylephrine, ephedrine, pseudoephedrine, or other stimulants. Consult your physician prior to use if you have a medical condition, including but not limited to, heart, liver, kidney, or thyroid disease, psychiatric disorders, difficulty urinating, diabetes, high blood pressure, cardiac arrhythmia, recurrent headaches, enlarged prostate or glaucoma. Discontinue 2 weeks prior to surgery or if you experience rapid heart beat, dizziness, severe headaches or shortness of breath. As individuals vary so may results from using this product. This product contains ingredients of international & domestic origin.



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Directions: Take two (2) capsules daily

Other Ingredients: Maltodextrin, Magnesium Stearate, Gelatin, Titanium Dioxide, FD&C Yellow #6, FD&C Red #3

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

|                                                                                                                                    | Amount Per SRV | % DV*   |
|------------------------------------------------------------------------------------------------------------------------------------|----------------|---------|
| <b>Calcium Citrate (21% Ca)</b>                                                                                                    | <b>48mg</b>    | 1%      |
| <b>Magnesium Citrate (16% Mg)</b>                                                                                                  | <b>63mg</b>    | 2.38%   |
| <b>Vitamin A</b>                                                                                                                   | <b>5000IU</b>  | 10000%  |
| <b>Vitamin B1</b>                                                                                                                  | <b>120mcg</b>  | 10%     |
| <b>Vitamin B2</b>                                                                                                                  | <b>160mcg</b>  | 12.23%  |
| <b>Vitamin B3</b>                                                                                                                  | <b>500mg</b>   | 3125%   |
| <b>Vitamin B5</b>                                                                                                                  | <b>2mg</b>     | 40%     |
| <b>Vitamin B6</b>                                                                                                                  | <b>5mg</b>     | 383.08% |
| <b>Vitamin B12</b>                                                                                                                 | <b>3mcg</b>    | 125%    |
| <b>Vitamin C</b>                                                                                                                   | <b>400mg</b>   | 444.44% |
| <b>Vitamin D3</b>                                                                                                                  | <b>400IU</b>   | 66.67%  |
| <b>Vitamin E</b>                                                                                                                   | <b>40IU</b>    | 133.33% |
| <b>SHREDZ® Proprietary Blend</b>                                                                                                   | <b>512mg</b>   | ★       |
| Echinacea, Inositol, African Mango, Lemon Bioflavonoid, Litchi Fruit Extract, Olive Leaf Extract, Psyllium Husk, Raspberry Ketones |                |         |

\*Percentage Daily Value Not Established



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