

SUGGESTED USE Consume one capsule daily. You can increase your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.
100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT

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Manufactured by ProCaps Labs
Henderson, NV 89011



AHIFLOWER® OIL

OMEGA-3 *with* GLA

500 mg Plant-Based Omega-3s
Unique Balance of ALA · SDA · GLA



Dietary Supplement | **240** Easy-to-Swallow Capsules

AHIFLOWER® OIL OMEGA-3 *with* GLA is a uniquely balanced, plant-based, non-GMO source of essential omega-3 fatty acids. Ahiflower is the world's richest natural source of SDA (Stearidonic Acid), a rare omega-3 fatty acid, which is far more effectively converted to EPA (Eicosapentaenoic Acid) than the ALA (Alpha-Linolenic Acid) present in most plants. The presence of SDA further elevates Ahiflower oil above all other terrestrial plant-based oils, including flax, chia, hemp, sacha inchi, perilla and echium oils. Our Ahiflower oil delivers greater omega-3 bioactivity than all other non-marine, plant-based oils. Ahiflower oil also uniquely provides GLA (Gamma-Linolenic Acid), an important precursor for the production of our body's vital prostaglandins, which play a multitude of roles promoting health and wellness. Our Ahiflower is also exclusively grown on sustainable farmland in the United Kingdom. In short, our Ahiflower oil provides the most effective profile of omega-3s from a sustainable, non-marine source without contaminants, stomach upset or fishy aftertaste.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Ahiflower® is a registered trademark of Technology Crops, LLC.

CONTAINS NO ADDITIVES OR COMMON ALLERGENS

Supplement Facts	
Serving Size 1 Softgel	Servings Per Container 240
Amount Per Serving	% DV*
Calories 10	
Total Fat 1 g	1%
Cholesterol 0 mg	
Ahiflower® Oil (from B. arvensis seed)	800 mg †
Total Omega-3 Fatty Acids 500 mg	
ALA - Alpha-Linolenic Acid (Omega-3)	330 - 360 mg
SDA - Stearidonic Acid (Omega-3)	130 - 150 mg
GLA - Gamma-Linolenic Acid (Omega-6)	30 - 40 mg
* Percent Daily Values (%DV) are based on a 2,000 calorie diet.	
† Daily Value not established.	

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).
CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, cholesterol, color, preservative, common allergens or manufacturing additives.