

OPTIONS TO ENJOY



Add to your morning coffee/tea, orange juice or protein shakes &



soup or yogurt for additional

BENEFITS

- √ Supports Bone & Joint Health*
- √ Promotes Healthy Hair & Nails*
- ✓ Boosts Immune System*
- ✓ Supports Digestive Health*
- ✓ Promotes Muscle Growth*
- √ Revitalizes Skin*

www.purelyoptimal.com

*These statements have not been evaluated by the Food and Drug administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Purely Optimal

Purely Optimal Nutrition Inc.

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Purely Optimal®

5 TYPES OF FOOD SOURCE COLLAGEN

TYPE **O O O O**







UNFLAVORED

DIETARY SUPPLEMENT . NET WT.: 1602 [4546]

LEMENT FACTS

ng Size: 1 Scoop (10.81 g) g Per Container: 42

	Amount Per Serving	%DV
Calories	37	*
Protein	9 g	
Sodium	30 mg	1.3%

Multi Collagen Complex

Usir Skin and Nail Complex

800 mcg	33333%
5000 mcg	16667%
50 mg	*
50 mg	*
	800 mcg 5000 mcg 50 mg

SUGGESTED USE

HELPFUL TIP

Collagen Peptides will clump in cold water.

TYPICAL AMINO ACID PROFILE

Amount Per Se			
Alanine	840mg	Leucine*	260mcg
Arginine	770mg		330mcg
Aspartic Acid			90mcg
Glutamic Acid	1000mg	Phenylalanine*	160mce
Glycine		Proline	1370mg
Histidine*		Serine	240mcg
Hydroxylysine		Threonine*	190mcg
Hydroxyproline	1230mg	Tyrosine	60mcg
Isoleucine*		Valine*	220mce

*Essential Amino Acids

CAUTION

KEEP OUT OF REACH OF CHILDREN AND PETS

NOTE

10.81 grams per scoop is an average. Individual scooping Settling of contents occurs over time and cannot be avoided

STORAGE INFORMATION

