


Report any adverse reactions to 860.623.6314

Notice: Color, size or shape may appear different between lots.

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TRAACS® is a registered trademark of Albion Laboratories, Inc.
Does not contain gluten.



Formulated and distributed by:
Designs for Health, Inc.
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HSN120

designs for health®



H-S-N Complex™

Hair, Skin & Nail Formula

Dietary Supplement
For Professional Use Only

120 Vegetarian Capsules

Recommended Use: As a dietary supplement, take four capsules per day with meals, or as directed by your health care practitioner.

Supplement Facts

Serving Size 4 capsules

Servings Per Container 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Vitamin A (as mixed carotenoids from palm)	5000 IU 100%	Manganese (as TRAACS® Manganese Glycinate Chelate)	2 mg 100%
Vitamin C (as Ascorbic Acid)	500 mg 830%	N-Acetyl-Cysteine	500 mg *
Vitamin D (as Cholecalciferol)	2000 IU 500%	Glycine	300 mg *
Thiamin (Vitamin B-1)(as Thiamin HCL)	50 mg 3330%	L-Proline	250 mg *
Riboflavin (Vitamin B-2)(as Riboflavin HCL)	50 mg 2940%	L-Lysine	250 mg *
Niacin (Vitamin B-3) (as Niacinamide)	50 mg 250%	Green Tea Extract (Decaffeinated)	250 mg *
Pantothenic Acid (Vitamin B-5)	100 mg 1000%	(<i>Camellia sinensis</i>)(leaf) [standardized to contain 98% polyphenols and 45% EGCG]	
Vitamin B-6 (as Pyridoxine HCL)	50 mg 2500%	Methylsulfonylmethane (MSM)	250 mg *
40 mg; Pyridoxal-5-Phosphate 10 mg)		Grape Seed Extract (<i>Vitis vinifera</i>)	200 mg *
Folate (as NatureFolate™ blend)	200 mcg 50%	(seed) [standardized to contain 95% proanthocyanidins]	
Vitamin B-12 (as Methylcobalamin)	100 mcg 1670%	Hytolive®- Olive Fruit Extract	100 mg *
Biotin (as d-Biotin)	1 mg 330%	(<i>Olea europaea</i>) (fruit)	
Zinc (as TRAACS® Zinc Glycinate Chelate)	30 mg 200%	[standardized to contain 10% hydroxytyrosol]	
Copper (as TRAACS® Copper Glycinate Chelate)	2 mg 100%	Bamboo Extract (<i>Bambusa vulgaris</i>)	85 mg *
		(stem)[standardized to contain 40% silica]	

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, vegetable stearate, silicon dioxide.

STORE IN A COOL, DRY PLACE.