

LifeGems is a highly concentrated, laser energized blend of 55 fresh freeze-dried and air-dried fruits, vegetables and herbs. Health authorities recommend 5-7 servings of fruit & vegetables daily. Numerous studies show that this results in a reduced risk of cancer and heart disease. LifeGems is designed to supplement the intake of fresh fruits and vegetables.**

Suggested Use: As a dietary supplement take one serving per day (4-10 capsules). You may wish to divide the serving and take it with or between meals.

Daily Serving Size for children and adults by weight

Weight	40-79lbs	80-119lbs	120+lbs
ServingSize	4 capsules	7 capsules	10 capsules

**These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. KEEP BOTTLE COOL. LEAVE DESICCANTS IN THE BOTTLE. KEEP BOTTLE TIGHTLY CLOSED.

OUR LASER ENERGIZING PROCESS IS PROTECTED BY WORLD WIDE PATENT #WO09722022A1. OTHER PATENTS PENDING.



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LifeGems Junior™



Fruit & Vegetable Supplement
300 Capsules

Supplement Facts

Serving Size: 10 Capsules (3.0g)

Servings per Container 30

	Amount Per Serving	%Daily Value
Calories	11	
Total Carbohydrate	2g	1%*
Dietary Fiber	1g	4%*
Sugars	1g	+
Protein	1g	2%*
Vitamin A	3500IU	70%
Vitamin C (ascorbic acid)	33mg	65%
Thiamin B1 (thiamine mononitrate)	1mg	65%
Riboflavin B2	1.1mg	65%
Niacin B3 (as inositol hexanicotinate)	1.1mg	55%
Vitamin B6 (pyridoxine hydrochloride)	1.3mg	65%
Folate (folic acid)	260mcg	65%
Vitamin B5 (calcium pantothenate)	5.5mg	55%
Iron	0.4mg	2%
Sodium	11mg	<1%

A proprietary blend of 28 Vegetables and Herbs: 262mg
Carrots, Spinach, Broccoli, Tomato, Celery, Spirulina, Artichoke, Asparagus, Parsley, Pumpkin, Spearmint, Water Chestnuts, Bamboo Shoots, Beets, Brussel Sprouts, Cauliflower, Eggplant, Eyebright Herb, Kale, Leek, Okra, Pea Pods, Shallots, Butternut Squash, Yellow Squash, Wheat Grass, Zucchini Squash, and Sage.

A proprietary blend of 27 Fruits: 74mg
Lemon, Orange, Banana, Blackberry, Tangerine, Fig, Bilberry, Grapefruit, Apple, Apricot, Blueberry, Boysenberry, Cantaloupe, Cherries, Cranberry, Guava, Kiwi, Lime, Mango, Papaya, Passionfruit, Peach, Pear, Pineapple, Raspberry, Star Fruit, and Strawberry.

*% Daily Value not established

†%Based on 2000 calorie diet.

Other Ingredients: Kosher Certified Capsules (gelatin and water), may also contain magnesium stearate, silicone dioxide, methylcrystalline cellulose, and/or calcium chloride.

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