

SUGGESTED USE

Take 2 capsules once a day or as directed by your healthcare professional. For best results, take daily for at least 45-60 consecutive days or results may diminish.

CAUTION

Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult with a physician before using this or any dietary supplement.

OptiMSM®

goMCT

OptiMSM® is a trademark of bergstorm nutrition.

goMCT® is a trademark of compound solutions, Inc.



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FOR MEN
DIETARY SUPPLEMENT
60 DAY SUPPLY/ 120 CAPSULES

 **Rainbow Nutrients**

HAIR + BEARD GROWTH

10,000mcg of Biotin

With OptiMSM®

goMCT®

Supports Hair Regrowth*
Thicker & Manlier Beard*
Fights against Hair Loss*

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

	Amount Per Serving	%DV
Vitamin A (as Retinyl Palmitate)	2,700 mcg	300%
Vitamin C (Ascorbic Acid)	100 mg	111%
Vitamin D3 (Cholecalciferol)	2.5 mcg	13%
Vitamin E (as D-alpha Tocopheryl Succinate)	10 mg	67%
Thiamin (as Thiamin HCl)	5 mg	417%
Riboflavin	5 mg	385%
Niacin (as Niacinamide)	5 mg	31%
Vitamin B6 (as Pyridoxine HCl)	5 mg	294%
Folate (as 334mcg Folic Acid)	568 mcg DFE	142%
Vitamin B12 (as Cyanocobalamin)	20 mcg	833%
Biotin	10,000 mcg	33333%
Pantothenic Acid (as Calcium Pantothenate)	100 mg	2000%
Zinc (as Zinc Citrate)	15 mg	136%
OptiMSM® Methylsulfonylmethane (MSM)	400 mg	**
Hydrolyzed Bovine Collagen	200 mg	**
Medium Chain Triglycerides (from goMCT® Coconut Oil on Acacia Gum)	100 mg	**
Ultimate Hair + Beard Proprietary Complex	300 mg	**
Saw Palmetto Fruit, Bamboo Stem and Leaf Extract, Horsetail (Aerial Parts), Fo ti Root Extract, Aloe Vera Leaf, Panax Ginseng Stem and Leaf Extract, Ginkgo Leaf Extract, Nettle Root Extract		

**Daily Value (DV) not established.

Other Ingredients: Hypromellose (Vegetable Capsule), Nu-flow® Organic Rice Hulls
Allergen: Contains Tree Nuts (Coconut)

**ZERO
ADDED**

GMO'S, ANTIBIOTICS, PRESERVATIVES, GLUTEN, STEARATES,
DIOXIDES, SHELLFISH, DAIRY, SOY & WHEAT

CAREFULLY CRAFTED FOR:

Rainbow Nutrients

Seattle, WA 98188

www.rainbownutrients.com



KEEP OUT OF REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL & DRY PLACE.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED
BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE,
TREAT, CURE, OR PREVENT ANY DISEASE.