

SUGGESTED USE Consume one capsule daily. You can increase your intake as required or as guided by your physician. **For questions about the use of this product call 800.800.1200.**

Since 1979, Unsurpassed Purity, Quality and Efficacy.
100% SOLAR PRODUCTION
ZERO-CARBON FOOTPRINT

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PHYTOCERAMIDES

Naturally Enhances Skin Moisture

320 mg Phytoceramide Complex • 500 mcg Biotin



Dietary Supplement | **240** Easy-to-Swallow Capsules

PHYTOCERAMIDES provide a concentrated source of plant-based ceramides – lipid-based molecules principally responsible for our skin’s ability to retain its moisture, as well as that of the entire body. Ceramides are the critical, moisture-preserving ingredients present in the stratum corneum of the epidermis of our skin. By creating a protective barrier in our skin, they retain our body’s vital internal moisture, phytoceramides are an effective tool for promoting radiant, soft, smooth and supple skin. Ceramides also defend our skin from damaging external factors and are an essential part of the skin’s normal growth and repair processes. Unfortunately, aging results in reduced ceramide levels, which contributes to dry, rough, irritated skin, as well as age-related wrinkles resulting from a loss of moisture-based skin elasticity. A phytoceramide supplement is nothing more than a common sense response to age-related changes in the composition of our skin. Billions of dollars are spent each year on external moisturizers, but the most intelligent skin moisture program must begin on the inside where moisture is most effectively delivered and retained. The outside world may rob our skin of its precious moisture, but phytoceramides provide Mother Nature’s most effective internal moisturizer to promote radiant, healthy and hydrated skin. We also include 500 mcg of biotin to ensure foundational levels of our skin’s most essential beauty nutrient.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CONTAINS NO ADDITIVES OF ANY KIND

Supplement Facts

Serving Size 1 Softgel		Servings Per Container 240
Amount Per Serving		% DV*
Phytoceramide Complex	320 mg	†
(gluten-free non-GMO wheat-derived extract)		
(standardized to ceramides and glucosylceramides 3-6%)		
Biotin	500 mcg	1,667%

* Percent Daily Values (% DV). † Daily Value not established.

Other Ingredients: Soft-gelatin capsule (Gelatin, purified water, glycerin).
CONTAINS NO Milk, soy, yeast, corn, gluten, sodium, salt, sugar, cholesterol, color, preservative, genetically modified (GMO) ingredients or manufacturing additives.