

2 INULINS + XOS + APPLE PECTIN = OPTIMAL FIBERS FOR PROBIOTIC PERFORMANCE

In order for good bacteria and fungi to thrive,
they need nourishment to grow in your gut.

Our **PREBIOTIC BOOST** combines four
beneficial fibers to create an optimal environment
for your probiotics to grow and flourish.*

Non-GMO • Made Without Soy
Gluten-Free • Vegetarian

DIRECTIONS FOR USE

Take two (2) capsules daily. Recommended to be
taken with BIOHM TOTAL PROBIOTIC.

WARNINGS

Consult your healthcare provider if pregnant
or nursing, taking medication, or have a
medical condition.

KEEP OUT OF REACH OF CHILDREN.

Do not use if any part of this package is torn, open,
or damaged. Store at room temperature.
No refrigeration necessary.

BIOHM®

PREBIOTIC BOOST

—NOURISH YOUR PROBIOTIC ENVIRONMENT—

4 OPTIMAL FIBERS TO HELP PROMOTE DIGESTIVE HEALTH

60 Capsules Once Daily Dietary Supplement

Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

	Amount Per Serving	% DV
Total Carbohydrate	1 g	1%
Dietary Fiber	1 g	4%
Inulin (Chicory)	500 mg	**
Inulin (Organic Agave)	500 mg	**
Xylooligosaccharides (PreticX® 95P)	200 mg	**
Apple Pectin (Powder)	200 mg	**

**Daily Value (DV) not established

Other Ingredients: Hypromellose (capsule),
Microcrystalline cellulose, Organic rice hull.

PreticX® is a registered trademark of AIDP, Inc.

Distributed By BIOHM Health Inc.

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*These statements have not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat,
cure, or prevent any disease.



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